



# Bharath

## INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)  
(Vide Notification No. F.9-5/2000 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4<sup>th</sup> July 2002)

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173, Agaram Road, Selaiyur, Tambaram,  
Chennai - 600 073, Tamil Nadu.

### NATIONAL SERVICE SCHEME 2023-2024-ACTIVITIES

S.NO	DATE	REGULAR AND SPECIAL CAMP ACTIVITIES	Place	Number of students participated in such activities
1	14 <sup>th</sup> April 2023	Equality Day	BIHER	75
2	05 <sup>th</sup> June 2023	World Environment Day	BIHER	120
3	11 <sup>th</sup> June 2023	Coastal Cleanup 2023	Neelangarai Beach	75
4	14 <sup>th</sup> June 2023	World Blood Donation Day 2023	BIHER	130
5	21 <sup>st</sup> June 2023	World YOGA Day	BIHER	500
6	26 <sup>th</sup> June 2023	International Day Against Drug Abuse and Illicit Trafficking- world record Programme	BIHER	100
7	14 <sup>th</sup> July 2023	Seed ball Preparation	BIHER Adopted village	300
8	14 <sup>th</sup> July 2023	Meri Mati Mera Desh Pledge	Online	500
9	10 <sup>th</sup> August 2023	Radio merchi youngstorqs scholarship program	BIHER	300
10	11 <sup>th</sup> August 2023	Anti drug Awareness Progran (Drug free Taminadu)	BIHER	300
11	15 <sup>th</sup> August 2023	Independence Day	BIHER	150
12	02 <sup>nd</sup> September 2023	Punnagai	BIHER	100
13	15 <sup>th</sup> September 2023	Coastal Cleanup Premiliray meeting	Online	45
14	16 <sup>th</sup> September 2023	Coastel Cleanup	Kottivakkam fish market	60
15	24 <sup>th</sup> September 2023	NSS DAY	BIHER	275
16	24 <sup>th</sup> September 2023	PCOS Awareness Program	Kavary hospital	50
17	29 <sup>th</sup> September 2023	SWACHHATA CLEANLINESS Pledge	BIHER	65
18	02 <sup>nd</sup> October 2023	SWACHHATA Freedom Run 4.0	BIHER	45

19	29 <sup>th</sup> October 2023	Panch pran Pledge-MMMD	BIHER	55
20	31 <sup>st</sup> October 2023	Radio Merchi Fresher Program	BIHER	150
21	02 <sup>nd</sup> November 2023	National Unity Day	BIHER	65
22	02 <sup>nd</sup> November 2023	Vigilance Awareness Program	PNB Bank BIHER	100
23	05 <sup>th</sup> November 2023	Integrity Pledge	Online	45
24	22 <sup>nd</sup> November 2023	Help Children destitute in violence	BIHER	57
25	25 <sup>th</sup> November 2023	Constitution pledge	online	46
26	26 <sup>th</sup> November 2023	Samvidhan Divas	Online	45
27	01 <sup>st</sup> December 2023	AIDS Awareness Program	BIHER	65
28	01 <sup>st</sup> December 2023	Health Education and Discussion talk	BIHER	76
29	11 <sup>th</sup> December 2023	Viksit Bharat pledge	Online	45
30	20 <sup>th</sup> December 2023	voter drawing competition	BIHER	53
31	27 <sup>th</sup> December 2023	No voter to be left behind	BIHER	75
32	12 <sup>th</sup> January 2024	National Youth Day	BIHER	120
33	13 <sup>th</sup> January 2024	Pongal Celebration	BIHER	170
34	12 <sup>th</sup> February 2024	Road Safety Awareness Marathon	BIHER	250



# Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
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**BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY**

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

## NATIONAL SERVICE SCHEME



## GUIDELINES & ACTIVITIES REPORT

For

2022 – 2023



## **Bharath Institute of Higher Education and Research**

**Chennai-600 073**

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**Vice-Chancellor**

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National service Scheme provides diversified opportunities to students in colleges and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath Institute of Higher Education and Research has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS volunteers in Engineering Colleges in Bharath Institute of Higher Education and Research on the theme **Personality Development of the Students through Community Service.**, for pollution free environment, Voter Awareness program, Tree plantation, polio drops, Blood Donation Camps, General Health Camps, Creation of awareness among the public etc.

I Congrats all NSS Students and participants in the Bharath Institute of Higher Education and Research NSS cell

Like last year, the year 2022-2023 shall be another year with vibrant NSS activities on the theme **CLEAN INDIA -GREEN INDIA** The Hand Book suggest only a few activities to be carried out, there could be many more.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath Institute of Higher Education and Research through the NSS activities



## **MESSAGE**

“Not me, but you”. This is the motto of NSS in order to inculcate the selfless service attitude in the young minds, NSS was established.

‘Personality Development through Community Service ‘is the main objective of NSS. If we really involve in community service, our personality will develop automatically. Many NSS Volunteers, who have actively participated in the Social Service, became very prominent persons in various fields. It is the duty of the NSS Programme officers to Identify Individual talents of the NSS Volunteers and make use of their skills for the welfare of the society.

I am happy to know that our NSS units are functioning effectively. Many important Programmes were implemented by the volunteers of this main campus. I hope that other units also might have done like this. I wish to convey my best wishes to all the NSS Programme officers and the volunteers who have actively contributed to the Society. I appreciate the NSS Co-ordinator for his able guidance and support to the NSS functionaries.

Wish you all Success in all your future Programmes.

**Dr. R.Vasuki**

**Dean, Events**

## **PREFACE**

### **NSS CO-ORDINATOR**

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

NSS is a permanent youth program under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

Bharath Institute of Higher Education and Research Chennai is a large affiliating technological University with over 4 constituent and affiliated Engineering colleges involving over 12 thousand students. The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth for creating the job opportunity, through conducting different types of training programs. As a step towards this direction, Bharath Institute of Higher Education and Research NSS cell has brought out this Guidelines with the rules and guidelines for conducting various Regular and Special Camping activities, to ensure uniformity in the programs. The NSS volunteers will get the benefits from the NSS activities like job opportunities, self-confidence, leadership quality etc.

The Guidelines takes care of modifications needed based on the feedback received from the Principals and NSS Programme Officers.

**Dr.S.P.Vijayaragavan**

**NSS Program Coordinator**

**NSS Cell, BIHER**

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## **NATIONAL SERVICE SCHEME**

### **1. INTRODUCTION**

**National Service Scheme (NSS)** was introduced in the Mahatma Gandhi Birth Centenary year 1969, as a student youth service programme with the primary objective of developing the personality and character of the student youth through voluntary community service. ‘Education through Service’ is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Very appropriately, the motto of NSS is “**NOT ME, BUT YOU**”. In the year 1969 it was introduced in 37 Universities involving 40,000 volunteers. Over the years, NSS has expanded many folds and covers more than 40 lakhs students. Now NSS is a **CENTRAL SECTOR SCHEME OF GOVT. OF INDIA** from 2016-17 with 100% funding by the Govt of India.

### **2. OBJECTIVE**

**The overall objective of NSS is Personality Development of the Students through Community Service.**

The **broad objectives of NSS** are to arouse the student’s Social Conscience and to provide him with the opportunity to:

1. Understand the community in which they work
2. Understand themselves in relation to their community
3. Identify the needs and problems of the community and involve them in problem solving process.
4. To develop a sense of social responsibility,
5. Utilize their knowledge in finding practical solution to individual and community problems,
6. Develop competence required for group living and sharing the responsibilities,
7. Gain skills in mobilizing community participation,
8. Acquire leadership qualities and democratic attitude.
9. Develop capacity to meet emergencies and disasters,
10. Practice National Integration and Social Harmony.

### 3. MOTTO

#### "Not me, but you" (Selfless Service)

This reflects the value of democratic living and upholds the need for selfless service and appreciating other person's point of view and show consideration for fellow human beings. It mainly focuses on the welfare of an individual is ultimately dependent on the welfare of society on the whole. It also indicates the selfless service & concern for others. **Not me but you**, Swami **Vivekananda** said this; the real meaning for this is **your need is greater than mine**. It also indicates the selfless service & concern for others.

### 4. SYMBOL



The Symbol of NSS is the Rath wheel of Konark Sun Temple, Orissa. This giant wheel portrays the cycle of creation, preservation and movement. It signifies the progressive cycle of life. It stands for continuity as well as change and continuous striving for Social Transformation and Up liftment.

### 5. BADGE

The NSS symbol is embossed on NSS Badge. The NSS volunteer wear it while undertaking programmes. This **Konark Wheel** in the symbol has eight spokes, which represent **24 hours of the day**. The Red colour indicates that the volunteers are full of blood i.e. lively, active, and spirited. The Navy Blue indicates the cosmos of which the NSS is a tiny part ready to contribute its share for the welfare of mankind.

## **NSS DAY**

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.

## **6. NSS SONG**

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

**We shall overcome  
We shall overcome  
We shall overcome some day  
O! deep in my heart  
I do believe that  
We shall overcome some day  
We'll walk hand in hand  
We'll walk hand in hand  
We'll walk hand in hand to- day  
O! deep in my heart  
I do believe that  
We shall overcome some day  
We shall live in peace.  
We shall live in peace.  
We shall live in peace to-day  
O! deep in my heart  
I do believe that  
We shall overcome some day  
We shall not be afraid  
We shall not be afraid  
We shall not be afraid to-day  
O! deep in my heart  
I do believe that  
We shall overcome some day.**

## 7. STRENGTH ALLOCATED AND ACTIVITIES

**Regular Activities : 900 (9 Units)**  
**Special Camping Programme : 450 (9 Camps)**

**Number of Engineering Colleges**

**Implementing NSS :4 (Institution)**

**No. of Adopted Villages : 9**

<b>No. of Program Officers</b>	<b>:</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>
		<b>7</b>	<b>2</b>	<b>9</b>

**Types of Activities : 1. Regular Activities**

**2. Special Camping Programme**

<b>1. Regular Activities:</b>	<p><b>240 hours for 2 years</b>  Under this, every volunteer is involved in various developmental activities for 120 hours in a year. Before involving them in various activities, they should be given orientation for at-least 20 hours so as to make them acquainted with the basics of NSS.</p> <p><b>20 hours for Orientation</b>  <b>2 Hrs NSS General Orientation</b>  <b>8 Hrs Special Orientation</b>  <b>10 Hrs Skill Training</b></p> <p><b>30 hours Campus Work .</b> (Campus development activities)  <b>70 hours community work</b>  Urban Work – Slum, Hospital, Destitute home, awareness pro, Traffic Control, etc  Rural Work - Literacy, Water harvest Health, Sanitation, and Savings etc. Natural Calamity &amp; Emergency Relief work  National Day Celebrations</p>
<b>2. Special Camping Programme</b>	<p><b>A camp of 7 days duration</b> is organized under specific themes in the adopted villages/slums by involving local youth along with NSS volunteers. (50 % of the unit strength can participate in the special Camp) The activity will be carried out under some special theme from time to time</p>

## 8. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS

Each Engineering College has to constitute an Advisory Committee to advice on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O's may be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book

The committee may consist of:

- |  |                  |
|--|------------------|
| 1. Vice Chancellor   | Chairman         |
| 2. Principal/ Dean   | Members          |
| 3. Two staff members with social work background                       | Members          |
| 4. Representative of the Development Department, NGO                   | Member           |
| 5. Representatives from the adopted villages/slum/<br>Welfare agencies | Member           |
| 6. NSS Student leaders one(or)two                                      | Member           |
| 7. NSS Programme Officers  | Member-Secretary |
| 8. Representative of the Youth Officers                                | Members          |



## 9. NSS UNIT AND PROGRAMME OFFICER

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a **faculty member**. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

## 10. NSS STUDENT VOLUNTEERS

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). **A work diary is to be maintained by each NSS Volunteer**, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

## 11. NSS THEME FOR THE YEAR2022-2023

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out. **CLEAN INDIA - GREEN INDIA**

## 12. DUTIES OF NSS VOLUNTEERS

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.

### 13. ACTIVITIES 2022-2023

S.NO	Date	ACTIVITIES
1	03 <sup>rd</sup> June 2022	NSS Volunteers Enrolment
2	21 <sup>st</sup> June 2022	International Yoga Day
3	26 <sup>th</sup> June 2022	International Day Against Drug Abuse and Illicit Trafficking
4	30 <sup>th</sup> June 2022	Seva Sushasan, Garib Kalyan Mahaquiz
5	08 <sup>th</sup> July 2022	Digital locker
6	27 <sup>th</sup> July 2022	NARCOTICS CONTROL BUREAU
7	11 <sup>th</sup> August 2022	Against Drug Abuse
8	13 <sup>th</sup> -15 <sup>th</sup> August 2022	HAR GHAR TIRANGA
9	15 <sup>th</sup> August 2022	Independence day
10	15 <sup>th</sup> August 2022	AZADI KA AMRIT MAHOTSAV
11	16 <sup>th</sup> August 2022	NO TO Drugs Pledge
12	01 <sup>st</sup> September 2022	Induction Publicity Exhibition
13	16 <sup>th</sup> September 2022	Costal Cleaning Awareness
14	17 <sup>th</sup> September 2022	Blood Donation Camp
15	17 <sup>th</sup> September 2022	Coastal Cleaning Day
16	24 <sup>th</sup> September 2022	NSS Day
17	26 <sup>th</sup> September 2022	Rally For E Waste
18	30 <sup>th</sup> September 2022	Voter ID with Aadhar card link Campaign
19	19 <sup>th</sup> October 2022	"Clean India 2.0, Mega Cleaning Drive"
20	18 <sup>th</sup> October 2022	Anti Drug Awareness Rally
21	20 <sup>th</sup> October 2022	"Lifestyle for the Environment" Pledge
22	28 <sup>th</sup> October 2022	Ekta Shrinkhala campaign
23	31 <sup>st</sup> October 2022	Rashtriya Ekta Diwas (National Unity Day) Pledge

24	2 <sup>nd</sup> November 2022	Independence day
25	7 <sup>th</sup> December2022	Lake Cleanup
26	16 <sup>th</sup> December2022	Lake Cleanup
27	16 <sup>th</sup> December2022	Voter Awareness Program
28	12 <sup>th</sup> January2023	Swami Vivekananda Jayanthi
29	14 <sup>th</sup> January2023	Pongal Celebration
30	24 <sup>th</sup> January2023	National Girl Child Day
31	25 <sup>th</sup> January2023	National Voter's Day
32	26 <sup>th</sup> January2023	Republic Day
33	08 <sup>th</sup> March 2023	World No Smoking Day
34	08 <sup>th</sup> March 2023	International Women Day Celebration
35	15 <sup>th</sup> March 2023	THOIMAI NAGARATHIRKANA MAKKAL IAKKAM
36	30 <sup>th</sup> March 2023	Awareness Film "VIZHITHELU "

## NSS Volunteers Enrolment



Pro.VC Dr.R.Venkatesh Babu Motivate to NSS Volunteers.



NSS CELL –BIHER Coordinator with Program Officers at BIHER Campus



Students & Parents Enroll the NSS Volunteers Form

National Service Scheme Enrolment First Year Induction Programme more than 400 students are Enroll in that program held on 03<sup>rd</sup> June 2022 at Bharath Institute of Higher Education and Research Campus

## International Yoga Day

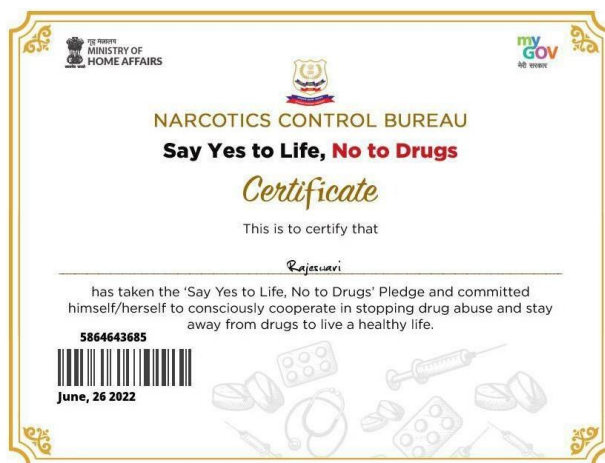


# INTERNATIONAL YOGA DAY 21<sup>st</sup> June 2022



NSS CELL BIHER Proudly Organized “International day of YOGA-2022” Mass yoga Programme based on the theme of YOGA for Humanity at various Places.

## International Day Against Drug Abuse and Illicit Trafficking



Our NSS Cell BIHER has to observe “International Day Against Drug Abuse and Illicit Trafficking” In this Connection Our NSS Volunteers of Took Pledge on “SAY YES TO LIFE, NO TO DRUGS” Through My Govt Portal



## Against Drug Abuse



Our NSS Volunteers Participated Against drug Abuse-Pledge in Online with Tamilnadu Chief Minister Thiru.M.K.Stalin.

## HAR GHAR TIRANGA



**Hoist The National Flag At Your Home**

## Independence day Celebration –BLOOD DONATION



NSS CELL –BIHER Instruction based volunteers are Participated and Organized BLOOD DONATION CAMP More than 75 Students donate the blood.





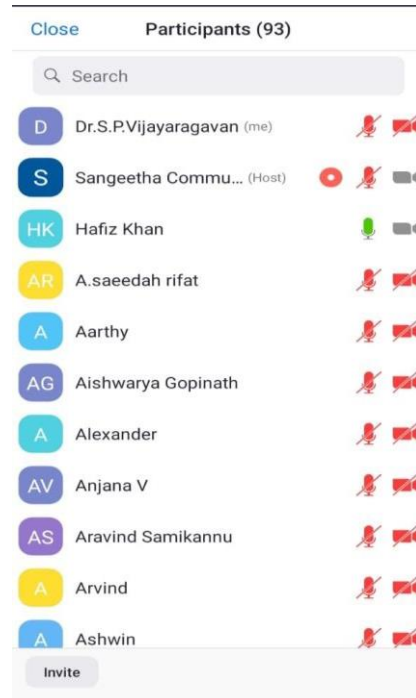
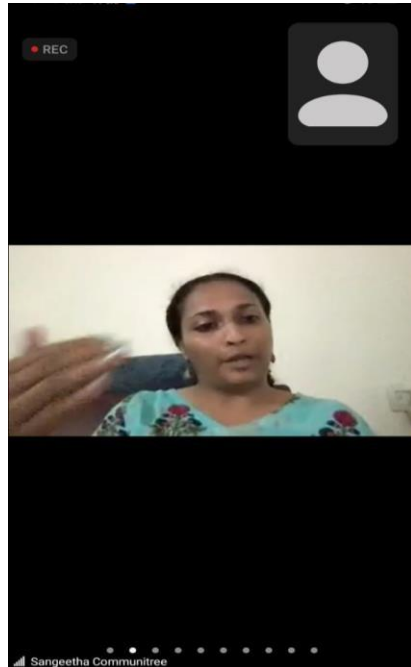
## Induction Publicity Exhibition



Induction Publicity Exhibition has successfully in our BIST campus for the students Of BIHER.NSS 60 Volunteers also involved in the special activities. Motivational speech was given by Indian Air force officers.

## Costal Cleaning

### Online Pre Awareness



Bharath Institute of Higher Education and Research NSS Cell, coastal cleaning awareness preliminary meeting 16-09-2022 volunteers are participated on line cc program more than 90 students

The planet's largest cleanup at namma chennai beach Friday/16 sep'22/5:30pm

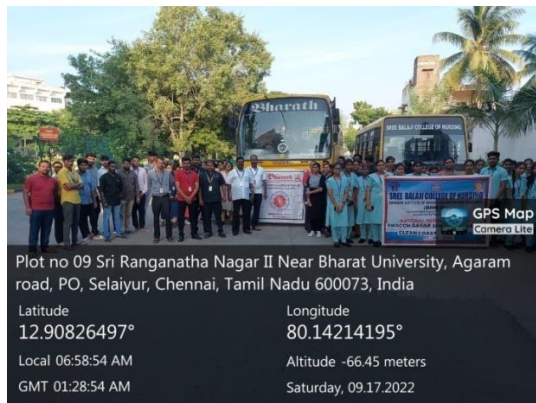
❖ Zoommeeting:<https://zoom.us/j/94540298223?pwd=NUZaZVVcUZ4dkJXT2pOeW900Uk2dz09>

Meeting id: 945 4029 8223; Passcode:D8Pyti

### Minutes of meeting:

- Role & responsibility of Students
- Volunteers Do's & Don'ts
- Things you Can do
- Be an Inspirer

## Coastal Cleaning Day



Bharath Institute of Higher Education and Research, Bhaarth medical College, Sree Balaji College of Nursing College, BIHER NSS CELL participated in Coastal Cleaning Program at ECR JUHU Beach Chennai. More than 150 Volunteers participated in this Coastal Cleaning activity.



## NSS DAY

## Rally for E waste



In Our BIHER NSS CELL Celebrated NSS DAY with Various Activities. NSS Volunteers are participated all the Activities.

## Voter ID with Aadhar card link Campaign



B 2 3 4683511

\*Form-6B / படிவம்-6B  
[See Rule 26A] / (பாதி 26A-ஐ பார்க்க)

ELECTION COMMISSION OF INDIA / இந்திய தேர்தல் ஆணையம்  
Letter of Information of Aadhar number for the purpose of electoral roll authentication /  
வாக்காளர் பட்டியல் அங்கீகரிக்கப்படும் நோக்கத்திற்காக ஆதார் எண் உண்மையானதை உறுதிப்படுத்துதல்

I (Name of Elector) am Enrolled in electoral roll of \_\_\_\_\_  
(Name of Assembly / Parliamentary Constituency)  
having EPIC Number \_\_\_\_\_

நான் (சட்டமன்றம்/ நாடாளுமன்றத் தொகுதி பெயர்)  
வாக்காளர் பட்டியலில் வாக்காளர் அட்டைப் பைன் எண் \_\_\_\_\_  
ஆகியவற்றைப் பற்றிச் சொல்லுகிறேன்.

I hereby submit the following information for the purpose of authentication of my entry in electoral roll :-  
நான் வாக்காளர் பட்டியலில் எனது புகில் உண்மை என அங்கீகரிக்கப்படும் நோக்கத்திற்காக  
(Please tick the appropriate box) / (தகவல்/செய்து சொல்குதல் கட்ட தகவல் தேர்வு செய்யவும்)

(i) ☐ Aadhar No. / ஆதார் எண் \_\_\_\_\_ or / அல்லது

(ii) ☐ I am not able to furnish my Aadhar number. Therefore, I hereby submit a copy of one of the following documents :- /  
எனக்கிடம் ஆதார் எண் தரமுடியாததால், எனவே ஆதார் எண் உண்மை உறுதிப்படுத்தும் பின்வரும் ஆவணங்களை  
எனவே தாக்கீதில் அடங்கியிருப்பதால் நான் உறுதிப்படுத்திக் கொள்கிறேன்.  
(Please tick the appropriate box) / (தகவல்/செய்து சொல்குதல் கட்ட தகவல் தேர்வு செய்யவும்)

☐ MGNREGA Job Card / மகாத்மா காந்தி தேசிய வேலை உறுதிச் சட்ட அட்டைப் பைன்  
☐ Passbooks with photograph issued by Bank / Post Office / வங்கி / அஞ்சல் அலுவலகத்தால் வழங்கப்பட்ட  
புத்தகம்  
☐ Health Insurance Smart Card issued under the scheme of Ministry of Labour / தொழிலாளர்  
அமைச்சுத்தின் கீழ் வழங்கப்பட்ட கடிதம்  
☐ Driving License / டிரைவ் லைசன்ஸ்  
☐ PAN Card / பி.என்.ஏ. கார்ட்  
☐ Smart Card issued by RGI under NPR / தேசிய வங்கி நெருக்கப் பற்றிச் சொல்லும் வழங்கப்பட்ட  
அட்டைப் பைன்  
☐ Indian Passport / இந்தியக் கடவுள்  
☐ Pension document with photograph / பணியைத் துறிய விடுதலை ஆவணம்  
☐ Service Identity card with photograph issued to employees by Central / State Govt. / PSUs / Public Limited Companies /  
மத்திய / மாநில அரசு / பொதுத்துறை நிறுவனங்கள் / வரையறுக்கப்பட்ட பொது நிறுவனங்கள்  
சமூக நிறுவனங்கள் வழங்கப்பட்ட புத்தகம்  
☐ Official Identity Card issued to MPs/MLAs/MLCs / நாடாளுமன்ற உறுப்பினர்கள் / சட்டமன்ற உறுப்பினர்கள் /  
மேம்பாலை உறுதிப்படுத்தும் வழங்கப்படும் ஆவணம்  
☐ Unique Identity ID (UID) Card, issued by M/o Social Justice and Empowerment, Government of  
India / இந்திய அரசாங்கத்தின் சமூக நீதி மற்றும் அபிவிருத்தித் துறைமன்றம் வழங்கப்பட்ட தனிப்பட்ட  
அட்டைப் பைன் (UID)

Signature of the elector / வாக்காளர் கையொப்பம் : \_\_\_\_\_  
Name of the elector / வாக்காளர் பெயர் : \_\_\_\_\_  
Email ID/Mobile Number / மின்னஞ்சல் முகவரி/ மொபைல் எண் : \_\_\_\_\_

Place / இடம் : \_\_\_\_\_  
Date / தேதி : \_\_\_\_\_

332-S-Form 6B-B23

In Our Volunteers is Involved Voter ID with Aadhar card link Campaign in Thiruvancherry Panchayat.



Bharath Institute of Higher Education and Research Unnat Bharat Abhiyan (UBA) Cell Organized VoterID with Aadhar card link Campaign. Thiru.J.Rajasekar (Administrative officer BIHER) handover Completed Documents to Mrs.Kavitha (Thasildar Tambaram).



## Anti Drug Awareness Rally




# Sharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as deemed to be university under section 3 of UGC Act 1956)

**JOINTLY ORGANISES WITH TAMBARAM CITY POLICE**



Inauguration by,  
**Dr.A.AMALRAJ** I.P.S  
Commissioner of Police  
Tambaram City Police



**"AN ANTI - DRUG AWARENESS RALLY"**  
**DRUG FREE STATE**  
**"SAY NO TO DRUGS"**

**VENUE : BIST CAMPUS  
SELAIYUR-73**

**DATE : 18-10-2022  
TUESDAY**



எனக்கு வேண்டாம்  
நமக்கு வேண்டாம்  
DRIVE AGAINST DRUGS  
ENVIRONMENT BUREAU CID - TAMILNADU



NSS Cell BIHER Jointly organized with Tambaram City Police Anti-Drug Awareness Rally Inaugurations & Rally was Flagged on By Dr.A.Amalraj /IPS Commissioner of Police Tambaram City Police. Our Volunteers& Students 1500 and Program officers are Involved in this drug awareness program.

## "Lifestyle for the Environment" Pledge



## Rashtriya Ekta Diwas (National Unity Day) Pledge

**"சமத்துவ நாள்" உறுதிமொழி**

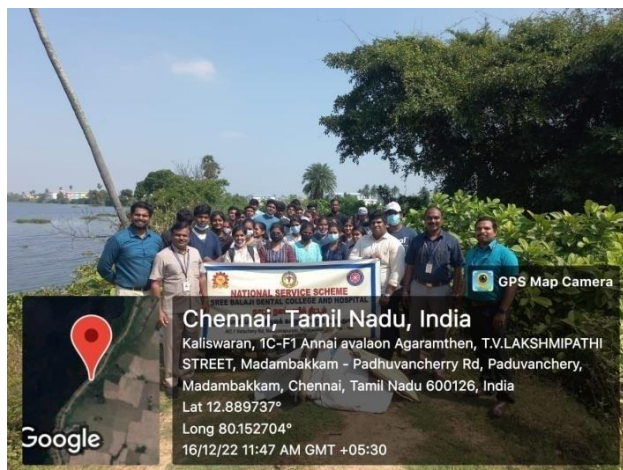
எதி வேறுபாடுகளுக்கு எதிராகவும்,  
சாதிகளின் பெயரால் நடக்கும் சமூக அடக்குமுறைகளுக்கு  
எதிராகவும், தொடர்ந்து போராடி,  
ஒதுக்கப்பட்டவர்களுடைய உரிமைகளுக்கானதும்,  
ஒடுக்கப்பட்டவர்களுடைய சமத்துவத்திற்காகவும்,  
வாழ்நாள் எல்லாம் குரல் கொடுத்தது,  
எளிய மக்களின் உரிமைகளைப் பற்றி விழிப்புணர்வை ஊட்டிய,  
நம் அரசியலமைப்புச் சட்டத்தை வகுத்துத் தந்த அண்ணன்  
அம்பேத்கர் அவர்களுடைய பிறந்த நாளில்,  
எதி வேறுபாடுகள் ஏதாவதொரு சமத்துவ சமுதாயத்தை அமைக்க  
நாம் அனைவரும் பாடுபடுவோம் என்றும்,  
சக மனிதர்களைச் சாதிமீன் பெயரால் ஒடுக்போதும் அண்டயான  
காணாமாட்டின் என்றும்,  
சக மனிதர்களிடம் சமத்துவத்தை வாழ்நாள் முழுவதும்  
கடைப்பிடிப்போம் என்றும் உளமார் உறுதி ஏற்கிறோம்.



Our NSS Volunteers Took Rashtriya Ekta Diwas (National Unity Day) and Lifestyle for the Environment Pledge



## Lake Clean Up



More than 75 NSS Volunteers involved in lake clean up program Dr.P.Naveenchandran Director, IQAC. Inaugurated the Program Dr.E.Thulasiram MDS, Dental Unit PO and Dr.B.Karthik(PO) Coordinated the Program.



EFI-49-16122022--MCU

## CERTIFICATE OF APPRECIATION

THIS CERTIFICATE IS PRESENTED TO :

*Bharath Institute of Higher Education and Research, Chennai.*

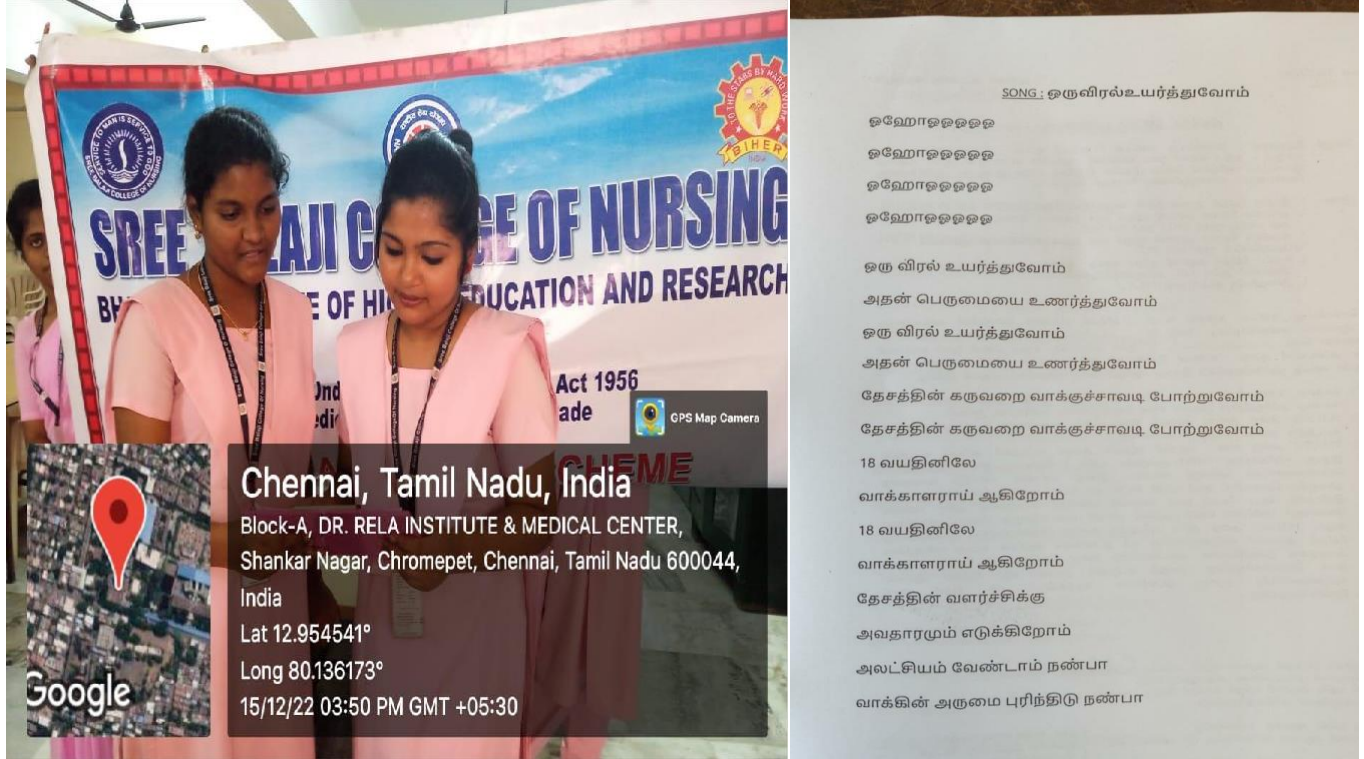
for participating in the clean up drive conducted  
by the Environmentalist Foundation of India on 16/12/2022 .

E-CERTIFICATES DOES NOT REQUIRE A FORMAL SIGNATURE AND IS VALID WITH IT'S SERIAL NUMBER.

**VOLUNTEER FOR INDIA AND HER ENVIRONMENT WITH E.F.I!**



## Voter Awareness Program



Our Volunteers prepare the song and Aware the Voters Important to the First time voters. More than 45 first time voters are participated.



Under the guidance of Mr.K.Vijayakumar Deputy Thasildar, Mrs.S.Kavitha Assistant Election Commission Tambaram. Our volunteers and Program Officers are participated Voters Day at Tambaram Thasildar Office.



## Pongal Celebration



Our BIHER Faculties and Staff Members Celebrate, The Pongal Festival at BIHER campus. India is an agricultural country and the majority of the festivals are inclined towards nature. College celebrates "Samathuva Pongal" featuring a sense of equality among the students and Faculties. It is a celebration when all students and staff of different diversities participate.



## Awareness Program

Vizhithelu Filmed by Kanchipuram PRO



Our NSS Volunteers and Students are watch the Mobile Awareness Film “Vizhithelu” BIHER Campus  
1500 Students involve and watch the Film.

## THOOIMAI NAGARATHIRKANA MAKKAL IAKKAM



Our BIHER Housekeeper Involve the THOOIMAI NAGARATHIRKANA MAKKAL IYAKKAM program and gain Knowledge about THOOIMAI NAGARAM.

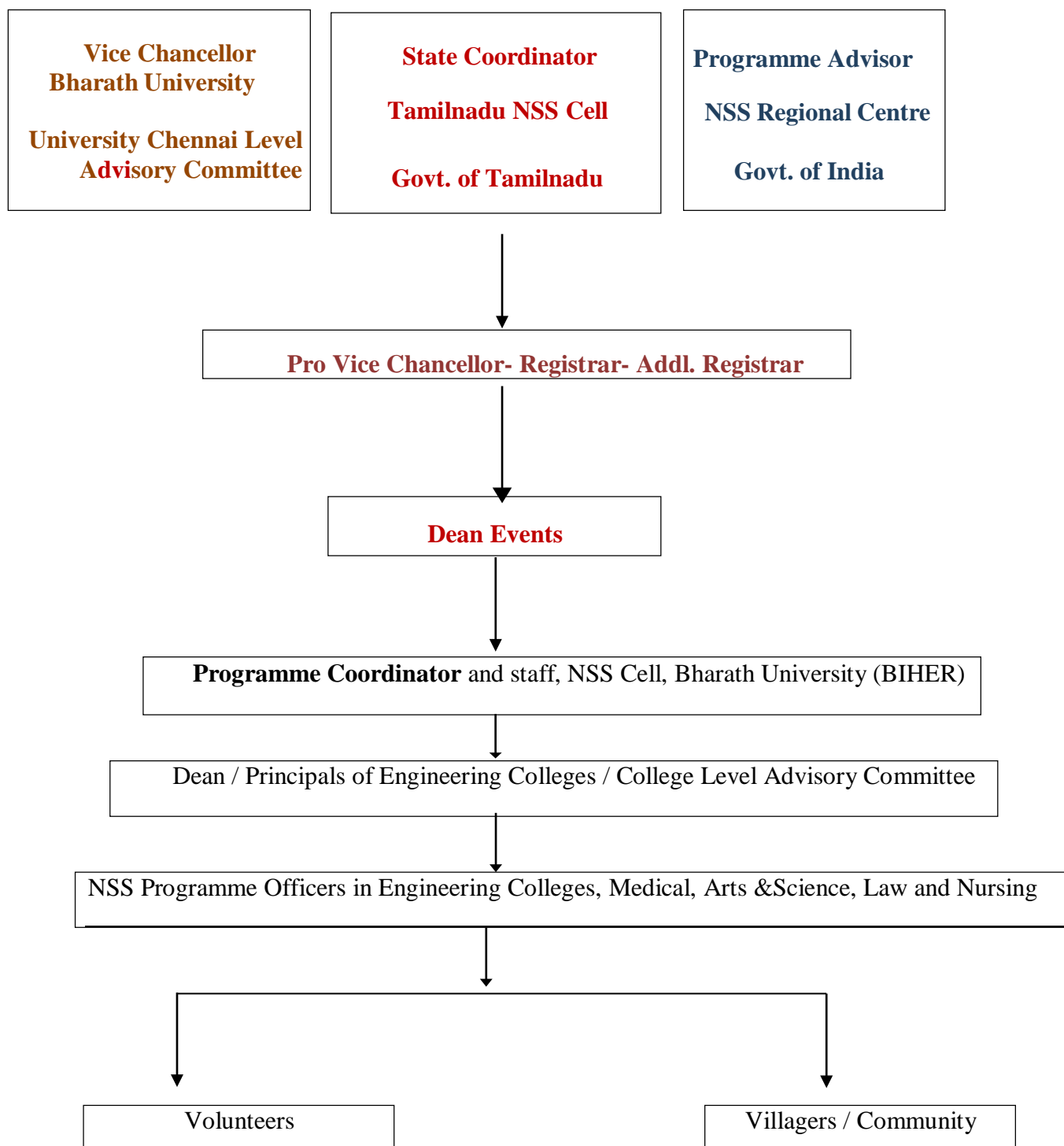


## State NSS Orientation



Participated NSS programme coordinators Orientation Programme at Don Bosco Retreat Centre Yercaud, Salem on 24<sup>th</sup> and 25<sup>th</sup> March 2023

### Flow Chart for the NSS Cell





# **Bharath**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

**BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY**

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

## **NATIONAL SERVICES SCHEME**



## **GUIDELINES & ACTIVITIES REPORT**

For

**2021 – 2022**



## **Bharath Institute of Higher Education and Research**

**Chennai-600 073**

**Dr.K.Vijaya Bhaskar Raju**

**Vice –Chancellor**

University Phone: + 91 - 44 - 2229 0742, 22290125

Fax: + 91 - 44 - 2229 3886

Email: [nss@bharathuniv.ac.in](mailto:nss@bharathuniv.ac.in)

National service Scheme provides diversified opportunities to students in colleges and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath Institute of Higher Education and Research has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS volunteers in Engineering Colleges in Bharath Institute of Higher Education and Research on the theme **HEALTHY YOUTH FOR HEALTH INDIA**, for pollution free environment, Voter Awareness program, Tree plantation, polio drops, Blood Donation Camps, General Health Camps, Creation of awareness among the public on HIV/AIDS etc.

I Congrats all NSS Students and participants in the Bharath Institute of Higher Education and Research NSS cell

Like last year, the year 2021-2022 shall be another year with vibrant NSS activities on the theme **HEALTHYYOUTH FOR HEALTH INDIA**. The Hand Book suggest only a few activities to be carried out, there could be many more.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath Institute of Higher Education and Research through the NSS activities



## **MESSAGE**

“Not me, but you”. This is the motto of NSS in order to inculcate the selfless service attitude in the young minds, NSS was established.

‘Personality Development through Community Service ‘is the main objective of NSS. If we really involve in community service, our personality will develop automatically. Many NSS Volunteers, who have actively participated in the Social Service, became very prominent persons in various fields. It is the duty of the NSS Programme officers to Identify Individual talents of the NSS Volunteers and make use of their skills for the welfare of the society.

I am happy to know that our NSS units are functioning effectively. Many important Programmes were implemented by the volunteers of this main campus. I hope that other units also might have done like this. I wish to convey my best wishes to all the NSS Programme officers and the volunteers who have actively contributed to the Society. I appreciate the NSS Co-ordinator for his able guidance and support to the NSS functionaries.

Wish you all Success in all your future Programmes.

**Dr. R.Vasuki**

**Dean, Events**

## **PREFACE**

### **NSS CO-ORDINATOR**

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

NSS is a permanent youth program under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

Bharath Institute of Higher Education and Research Chennai is a large affiliating technological University with over 4 constituent and affiliated Engineering colleges involving over 12 thousand students. The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth for creating the job opportunity, through conducting different types of training programs. As a step towards this direction, Bharath Institute of Higher Education and Research NSS cell has brought out this Guidelines with the rules and guidelines for conducting various Regular and Special Camping activities, to ensure uniformity in the programs. The NSS volunteers will get the benefits from the NSS activities like job opportunities, self-confidence, leadership quality etc.

The Guidelines takes care of modifications needed based on the feedback received from the Principals and NSS Programme Officers.

**Dr.S.P.Vijayaragavan**

**NSS Program Coordinator**

**NSS Cell, BIHER**

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## **NATIONAL SERVICE SCHEME**

### **1. INTRODUCTION**

National Service Scheme popularly known as NSS was launched in Mahatma Gandhi Centenary year 1969 and aimed to developing student's personality through community service. The overall objective of National Service is education. This objective is attained through the service to the community.

National Service Scheme (NSS) is a permanent youth Programme under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

### **2. OBJECTIVE**

The overall objective of NSS is Personality Development through the community service.

The broad objectives of NSS are to:

- Understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the community and involve them in problem solving process.
- Develop among themselves a sense of social and civic responsibility.
- Utilize their knowledge in finding practical solution to individual and community problems.
- Develop competence required for group-living and sharing of responsibilities.
- Gain skills in mobilizing community participation.
- Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.
- 

### **3. MOTTO**

The motto or watchword of the NSS is “**Not me but you**”. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. This express the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

#### 4. SYMBOL



The symbol of the National Service Scheme has been based on the **Giant Rath** Wheel of the world famous Konark Sun Temple of Orissa, India. These giant wheels of the sun temple portrays the cycles of creation, preservation and release and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun Chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and enlistment.

#### **BADGE**

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme or community service. The konark wheel in the symbol has eight bars, which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for the service of the nation round the clock i.e. for 24 hours. The Red Colour in the badge indicates that the NSS volunteers are full of young blood i.e. lively, active, energetic and full of high spirit. The Navy Blue Colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

#### **NSS DAY**

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.

## **NSS SONG**

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

**We shall overcome**

**We shall overcome**

**We shall overcome some day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We'll walk hand in hand**

**We'll walk hand in hand**

**We'll walk hand in hand to- day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall live in peace.**

**We shall live in peace.**

**We shall live in peace to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall not be afraid**

**We shall not be afraid**

**We shall not be afraid to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day.**

### **STRENGTH ALLOCATED AND ACTIVITIES**

**Regular Activities : 900 (9 Units)**

**Special Camping Programme : 450 (9 Camps)**

**Number of Engineering Colleges**

**Implementing NSS :4 (Institution)**

**No. of Adopted Villages : 9**

<b>No. of Program Officers</b>	<b>:</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>
		<b>7</b>	<b>2</b>	<b>9</b>

**Types of Activities : 1. Regular Activities**

**2. Special Camping Programme**

### **REGULAR ACTIVITIES**

Under this, students undertake various need based programmes in the adopted villages, College Campuses and Urban slums during weekends or after college hours.

120 hours per year and 240 hours for 2 consecutive years

1. General Orientation of NSS Volunteers.

NSS Day Celebrations - 20 hrs.

2. Career guidance for the NSS Volunteers, by the



experts and campus work.	-	30 hrs.
3. Skill development (first aid, disaster management, public speaking, leadership motivation, HIV/AIDS awareness etc.).	-	26 hrs.
4. Community Development Projects (in the adopted village) – Survey in the village, tree plantation, Health, Cleanliness, Road Safety, Visits to Homes, technical training for rural youth and SHG, sanitation, women development programmes, consumer Awareness etc.	-	44 hrs.
Total	-	120 hrs.

### **SPECIAL CAMPING PROGRAMME**

Under this, 7 days camp organized in the adopted villages with a specified theme being given by Govt. of India by involving local youth. The Special camp should be conducted only in the adopted village (for second year NSS volunteers) at least for three years continuously.

### **5. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS**

Each Engineering College has to constitute an Advisory Committee to advise on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O's may be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book.

The committee may consist of:

1. Vice Chancellor	Chairman
2. Principal / Dean	Members
3. Two staff members with social work background	Members
4. Representative of the Development Department, NGO	Member
5. Representatives from the adopted villages/slum/ Welfare agencies	Member
6. NSS Student leaders one (or) two	Member
7. NSS Programme Officers	Member-Secretary
8. Representative of the Youth Officers	Members

#### **NSS UNIT AND PROGRAMME OFFICER**

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a **faculty member**. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

#### **6. NSS STUDENT VOLUNTEERS**

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). **A work diary is to be maintained by each NSS Volunteer**, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

## **7. QUALIFICATION FOR THE NSS PROGRAMME OFFICER**

- a. Program Officer will be selected from the members of teaching only.
- b. NCC Officers and Physical Education Directors should not be appointed as NSS Program Officer.
- c. In Women's Colleges lady teachers should be appointed as NSS Program Officers, However, male members may help the lady NSS Program Officers.
- d. A teacher who has high level of motivation, inclination and attitude for community work and above all, very good rapport with students should be preferred as NSS Program Officer.

## **8. NSS THEME FOR THE YEAR 2021-2022**

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out.

### **HEALTHY YOUTH FOR HEALTH INDIA**

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3 years.

## **9. ACTIVITIES OF NSS VOLUNTEERS AND ADOPTION OF VILLAGE**

The activities under NSS are two-fold, viz., 1. Regular Activities which are undertaken during the working days of the semester and 2. Special Camping activities for 7 days duration in the adopted villages / Urban slum during vacation.

Each NSS unit in the college is expected to adopt a near by village/slum and work for its all round development. Regular Activities and Special Camp should preferably be organized in the adopted village/rural unit/slum for this purpose.

## 10. NORMS FOR EXPENDITURE

Each NSS unit will be supported by Rs.22,500 per year for the following expenses.

The amount of Rs.22, 500 sanctioned to each NSS unit in the College will be utilized as follows:

a)	Special Camping at Rs.450 per volunteers		
	per day for 7 days for 50 volunteers	-	Rs. 16,294
b)	Regular Activities for 100 volunteers at		
	Rs.225 per volunteers per year	-	Rs. 18,104
b)	The allocation of Rs.22,500 for Regular Activities will be sent as follows:		
1.	Out-of-pocket allowance to Programme		
	Officers	-	Rs.4, 800
2.	Clerical assistance		
		-	Rs.1, 200
	Sub Total-1		Rs.6, 000
3.	Refreshment to NSS Volunteers	-	Rs.12, 000
4.	Equipments / Utensils/Books for Career Guidance	-	Rs. 2000
5.	TA to Programme Officers / Volunteers	-	Rs. 1,500
6.	Contingencies	-	Rs. 1,000
	Sub Total-2		Rs. 16,500
			-----
	Grand Total per Unit (SubTotal-1+SubTotal-2)		Rs.22, 500
			-----

## 11. CORPUS FUND

As per the Directorate of Collegiate Education's and State Coordinator, NSS Letter No. Rc.No. 024081/P1/2003 dated 04.07.2003 all the Engineering Colleges sanctioned with NSS units shall collect **Rs.10 from all the students joining first year at the time of admission. This amount shall be distributed as follows:**

1. Rs.3 to be sent NSS Program Coordinator, Bharath Institute of Higher Education and Research, Chennai – 600 073  
  
by drawing Demand Draft in favor of NSS Program Coordinator, Bharath Institute of Higher Education and Research.
2. Rs.2 to be sent to State NSS Coordinator, Directorate of Collegiate Education, Chennai – 600 006 by drawing Demand Draft in favor of State NSS Coordinator.
3. **Rs.5 to be retained by the colleges as NSS Corpus Fund (which shall not be utilized for program expenditure for the present.)**

## 12. RECORDS AND REGISTERS

The following Records and Registers are to be maintained by the NSS units at the Institution level.

1. Enrolment Register of volunteers.
2. Cash Register.
3. Stock Register (Consumable & non-consumable).
4. Attendance Register for Volunteers.
5. Registers for blood grouping – 8 in number.
6. Minutes Book (College Level NSS Advisory Committee).



### **13. DUTIES OF NSS VOLUNTEERS**

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.

## **GUIDELINESS FOR SPECIAL CAMPING PROGRAMMING FOR THE YEAR 2021-22**

### **HEALTHY YOUTH FOR HEALTH INDIA**

Special Camps provide a unique opportunity to the student youth for group living leadership, close, interaction with the community, mutual understanding, tolerance, cohesion, etc. To make constructive use of student's leisure time for community work, these camps are organized during the vocations. During the Special Camps, students are expected to stay the communities where they are holding the camp. These camps are generally of 7 days duration. The objectives behind the theme will have to create awareness about health aspects like no usage of tobacco, HIV/AIDS awareness, Healthy food habits, hygiene drinking water, water born diseases.

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3-4 years.

#### **Proposed activities:**

- Identification of the adopted villages / slum areas.
- Awareness drives through Youth Rallies.
- Community participation by involving members of the adopted villages and local institutions.
- Duration of the NSS Special Camps will be 7 days and the volunteers will have to stay overnight in the camp.
- Organizing Day Camps on the theme at the Adopted Villages on weekends.
- Evaluation of the camp may be done with the help of volunteers and the community.

Documentation in the form of success stories, news paper, clipping, daily reports in students diary, action photographs, video recording may be made.

The special camps organized during the quarter may be reflected in the Quarterly Progress Report and the report be sent to all the concerned in time.

## **SUGGESTION SCHEDULE OF ACTIVITIES FOR 7 DAY SPECIAL CAMP ON THE THEME HEALTHY YOUTH HEALTH INDIA**

**Following activities may be undertaken during the 7 Days Special Camp:**

### **Day 1**

Inauguration of the first Day Rapport building exercise in the adopt villages  
Orientation/survey: NSS volunteers may conduct survey of the area / available water resources in the adopted village.

### **Day 2**

The second day Student role in NSS, Rallies, Health camps, environment cleaning etc.

### **Day 3 -4**

NSS volunteers after the survey should conduct cleanliness of wells, digging & deepening of ponds preservation of rainy water by digging tank etc., by involving local people. Upkeep and cleanliness of available drinking water resources. Use of traditional method of filtration using local material. Involvement of community in the maintenance of drinking water resources in collaboration with Health, Irrigation Departments, Municipal Committee, Panchayat Samities etc.

### **Day 5**

Efforts may be made to ensure that the work undertaken during the camp be continued and completed by the local people. Evaluation of the work done through concerned Government Department and local people.

### **Day 6**

Health camp, Discuss about health, Eye camp.

### **Day 7**

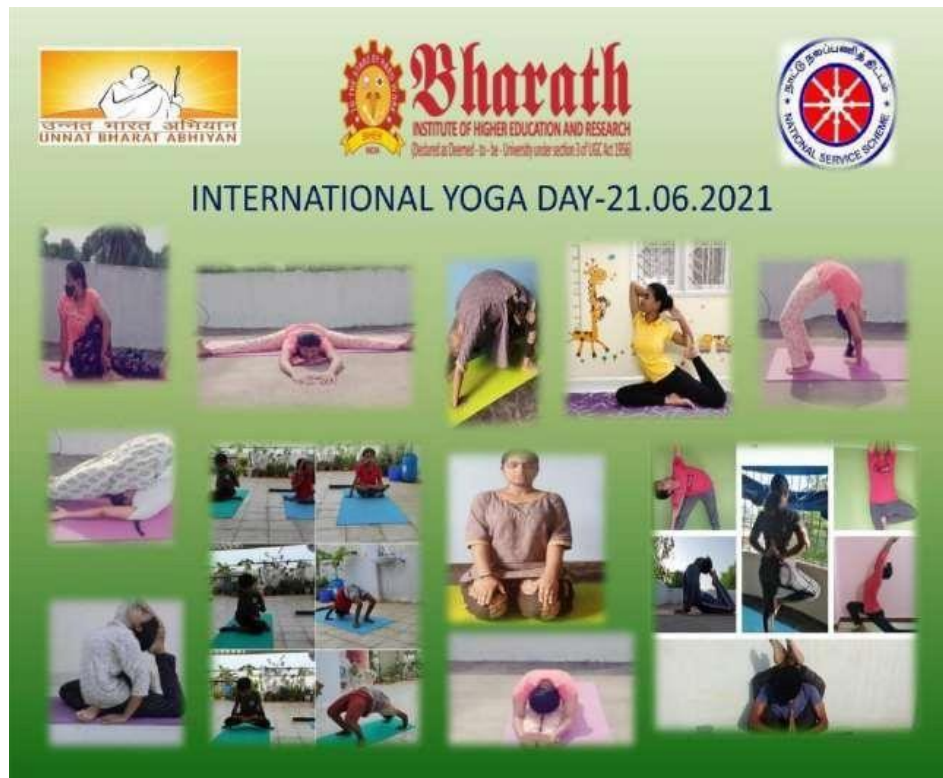
Closing of the camp by inviting local people to discuss about the work done and follow up action.

**IMPORTANT: Provide the Toilet and bathroom facilities for the Volunteers. Don't allow the students to take bath in the lake or ponds.**

#### **14. ONLINE ACTIVITIES 2021-2022**

S.NO	Date	ACTIVITIES
1	5 <sup>th</sup> June 2021	The World Environmental Day was celebrated by planting trees
2	7 <sup>th</sup> June 2021	Food Safety Day
3	21 <sup>st</sup> June 2021	The International Yoga Day was remembered
4	26 <sup>th</sup> June 2021	Workshop On Benefits of YOGA
5	1 <sup>st</sup> July 2021	Doctor's Day
6	15 <sup>th</sup> Aug 2021 to 2 <sup>nd</sup> Oct 2021	Fit India Freedom Run/Walk Start
7	24 <sup>th</sup> September 2021	NSS Day( 75th Independence tree plantation program)
8	2 <sup>nd</sup> October 2021	Gandhi Jayanthi
9	2 <sup>nd</sup> October 2021	Fit India Freedom Run/Walk End
10	4 <sup>th</sup> October 2021	OVID 19 Pledge taking
11	1 <sup>st</sup> December 2021	World AIDS Day
12	9 <sup>th</sup> December 2021	International fraud awareness week
13	14 <sup>th</sup> Dec to 20 <sup>th</sup> Dec 2021	NIC at Coimbatore
14	12 <sup>th</sup> -13 <sup>th</sup> January 2022	National Youth Virtual Program
15	26 <sup>th</sup> January 2022	Republic Day
16	13 <sup>th</sup> February 2022	International Radio day
17	17 <sup>th</sup> February 2022	Online Training Schedule on Human Rights for Regional Directorate of NSS Chennai
18	22 <sup>nd</sup> February 2022	World Water Day
19	28 <sup>th</sup> March 2022	Swastha Balak Balika Spardha

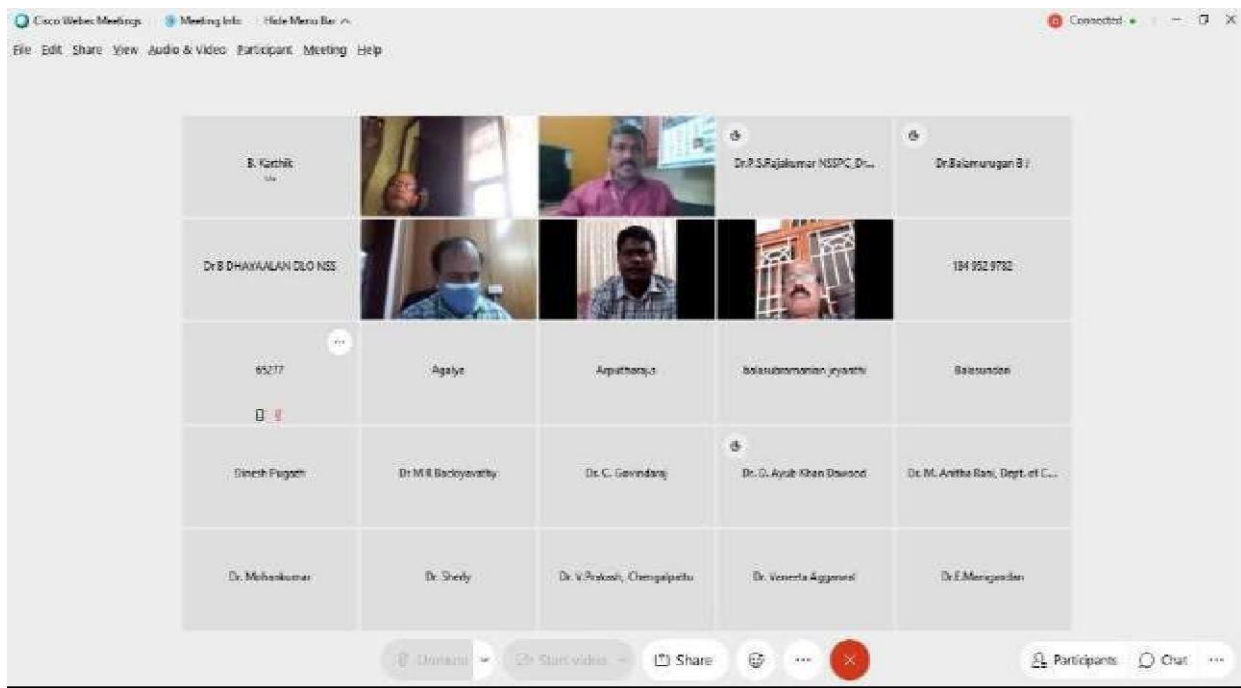
## Webinar On Yoga 2021



Our NSS Volunteers are participated International Webinar on Celebrate the Spirit of YOGA -2021. International Yoga Day 2021: This year the theme is 'Yoga For Wellness' and for the practicing yoga for physical and mental well-being.



## Meeting with DLO 'S



Our University NSS Officer's Volunteers are participated meeting with DLO 'S about COVID-19 Activities

## Workshop On Benefits of YOGA



Yoga charya P.S.Satheesh , Yoga Therapist and Yoga Jyothi Elangovan , Yoga Master thought about Benefits of YOGA. Our NSS Volunteers and Peoples understood Benefits of YOGA.

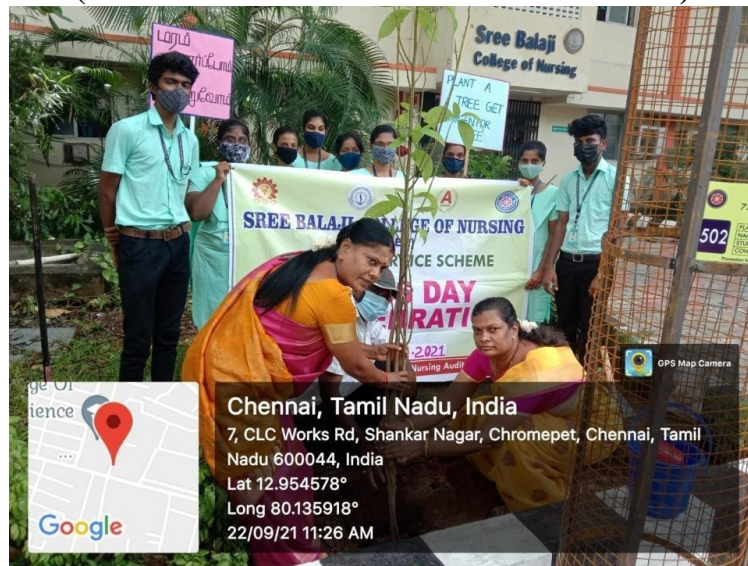
## NSS Third Wave Awareness



Our NSS Program Officers and Volunteers are taking Third Wave Awareness pledge

## 75<sup>th</sup> Independence Year Celebration

### Tree Plantation (AZADIKA AMRIT MAHOTSAV)



NSS State Cell Instruction Based 451-525 (75Tree) .Tree plantation Program for 75<sup>th</sup> Independence day celebration guard-Diameter 16inch/40cm, height 7 feet-Board size-length-40cm, height-15cm planted at various places.





## International Fraud Awareness Program

The screenshot shows a Microsoft Teams meeting interface. The main window displays a presentation slide titled "Fraud Awareness Week". The slide content includes a "Background" section with bullet points about the campaign, its objectives, targets, and period. It also lists "Key Objectives" related to social responsibility and stakeholder engagement. A URL for more information is provided at the bottom of the slide. The slide is watermarked "Classification - Internal" and features the HDFC BANK logo. The bottom of the screen shows a meeting toolbar with icons for chat, mute, video, and other controls. On the right, a "People" sidebar lists participants: Sathiya K (Guest), SBCN Nagomi Fatima (Guest), SBCN Pradeepa (Guest), SHAIK.ABEEDH U19CN395 (...), Sivarajanani (Guest), susi (Guest), Swetha.B (Guest), swetha.S (Guest), Tamilselvi (Guest), Vijayan T, and vijayaragavan. The bottom of the screen shows a row of participant avatars with initials: +44, M, K, SU, D, V, and a video feed of a man.

The ACFE advises organizations of any size to take the following measures to combat fraud:

- Be proactive , Establish and maintain internal controls specially designed to prevent and detect fraud. ...
- Establish hiring procedures...
- Train employees in fraud prevention...
- Conduct regular audits...
- Call in an expert.

Our NSS Volunteers are participated International Fraud Awareness Program on 09-12-2021. Chief guest Mr. RAMALINGAM Investigation of Frauds happening in Retail Asset & Payment, Business Portfolios in HDFC Bank gave Valuable points to NSS Volunteers & Students



## First Death Anniversary

(Tree plantation)



Our University Chairperson Mrs.J.Anusuya Madam first year memorial tribute celebrated NSS Volunteers by the way of Tree plantation

## National Integration Camp

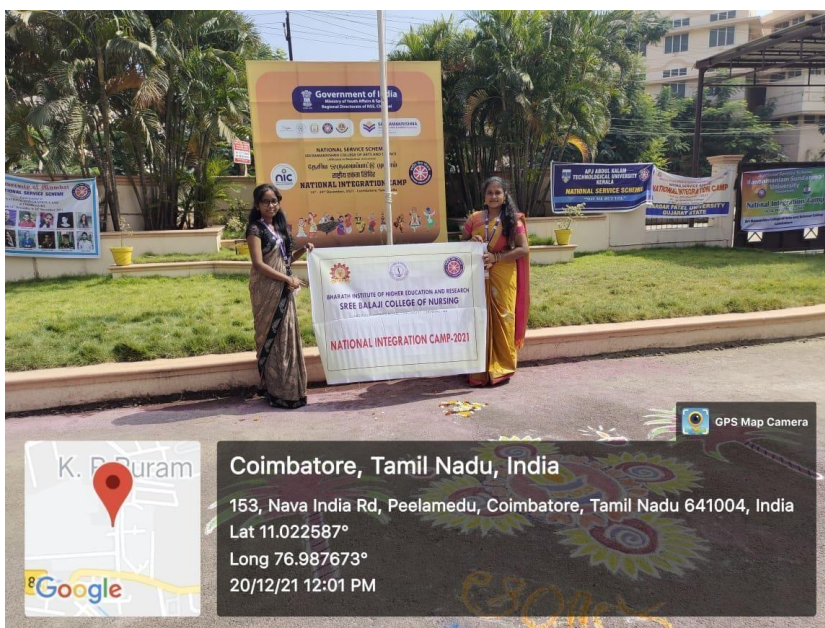
Sri Ramakrishna, College of Arts and Science, Coimbatore District, Tamil Nadu

From [14<sup>th</sup> December – 20<sup>th</sup> December 2021]

National Integration Camp aims at integrating the volunteers from different states for a given duration so that they can know each other's culture, lifestyle, work habits, food, et cetera. It also establishes a channel for effective mingling of different NSS units so that they can collaborate and function as a single unit at the National level.



The usual morning routine began at 6.30 am followed by the flag hoisting and the singing of the NSS Anthem. Following Morning Prayer Aerobic exercise was practiced at 6.45am. After breakfast, at 10pm after that the students were in auditorium for morning session hosted by Mr. Padmanaban Gopalan.



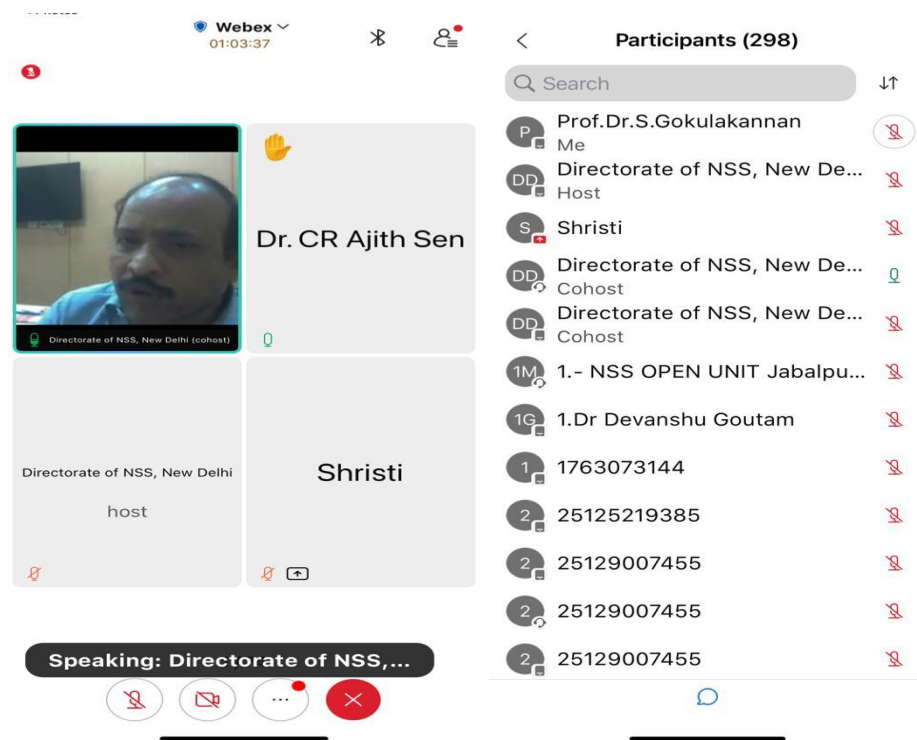
A short function of flag hoisting and singing of NSS song was organized. It was followed by the Drill Parade competition of the various contingents. Soon after, the last competition of the camp –Exhibition competition was held which gave a chance to the states to display their traditional attires and culture handicrafts. The closing ceremony was scheduled at 11am in which all the states gave a final glimpse of their Art forms and were graced by the dignitaries. This was followed by the declaration of the winners of the 17 competitions held during the camp with Himachal Pradesh bagging the first position with 8 awards and Gujarat being the second with 6 awards. It was then succeeded with the final photography session of the winners and the state contingents. After having the lunch at the camp, the volunteers bid farewell to each other and with the bag of brimming memories they departed to their respective destinations.



## NIC camp completion Certificate by BIHER NSS Volunteers

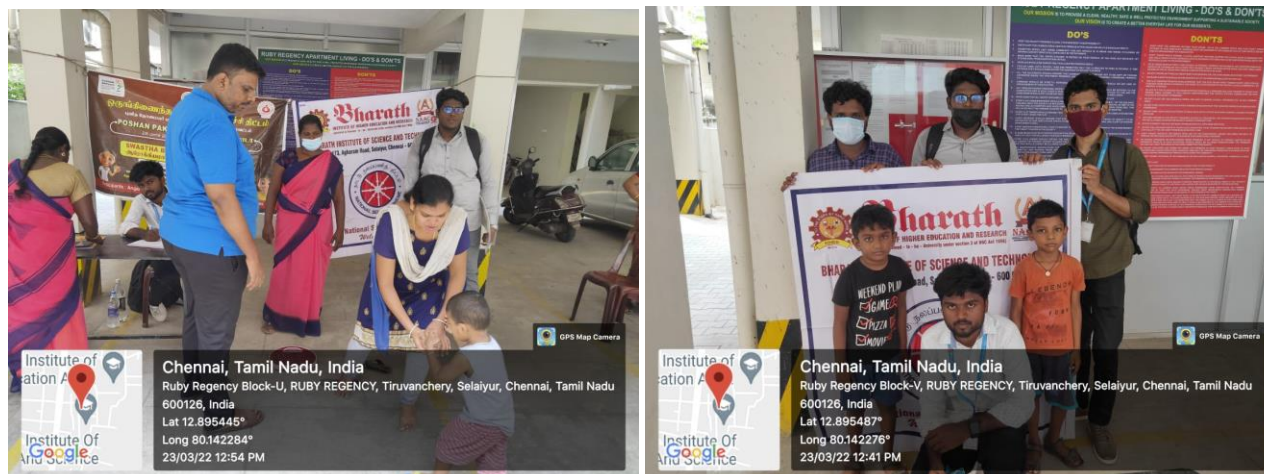


## National Youth Virtual Program



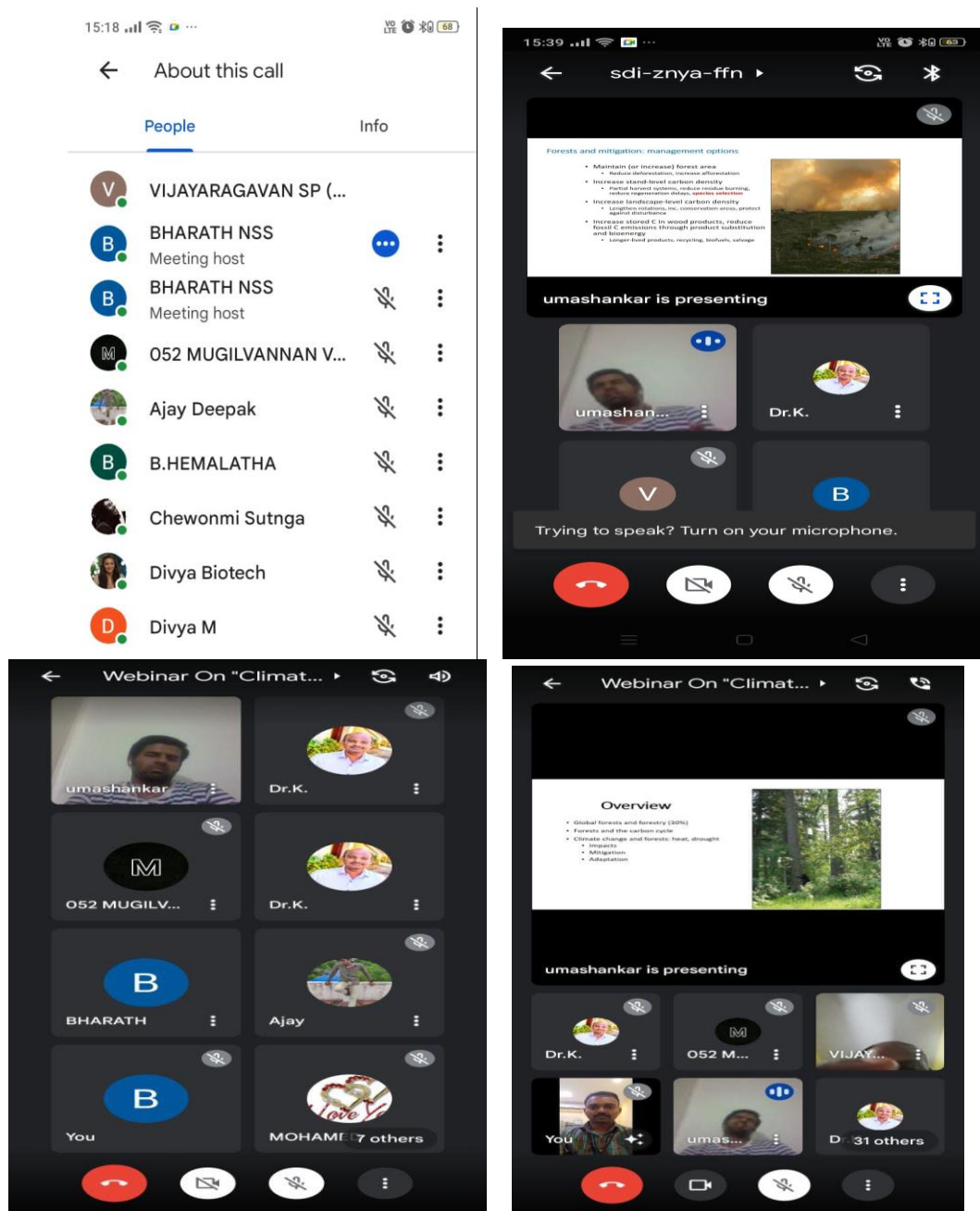
12<sup>th</sup>-13<sup>th</sup> January 2022 National Youth Virtual Program Our NSS Program Coordinator and Program Officers are participated.

## Swastha Balak Balika Spardha



Our BIHER NSS Volunteers are participated in the Program Swastha Balak Balika Spardha and Measure the Child Weight, Height and Nutrition level at Mappadu Villageon 28<sup>th</sup> March 2022.

## Climate Change and Forestry



Google form link <https://forms.gle/oZCH8qYmm4SjVAvd8>

Meeting link <https://meet.google.com/sdi-znya-ffn>

Time : 3:00PM-4:00PM

Our NSS Volunteers and students are Participated **Climate Change and Forestry** webinar program and get Precaution Of Climate Change and Forestry Methods on 09<sup>th</sup> May 2022.



## Blood Donation Camp



லட்சுமி நாராயணா கல்லூரியில்

# ரத்ததான முகாம்



► செவிலியர் தினத்தை முன்னிட்டு ஸ்ரீலட்சுமிநாராயணா மருத்துவ கல்லூரியில் ரத்ததான முகாம் நடந்தது.

புதுச்சேரி, மே 13: செவிலியர் தினத்தை முன்னிட்டு ஸ்ரீலட்சுமிநாராயணா மருத்துவ கல்லூரியில் ரத்ததான முகாம் நடந்தது. மருத்துவ கண்காணிப்பாளர் ஆசையாஸ் பாஸ்கோ தலைமை தாங்கி ரத்ததான முகாமை தொடங்கி வைத்தார். ஸ்ரீலட்சுமி நாராயணா செவிலியர்

கல்லூரி முதல்வர் டாக்டர் ராஜலட்சுமி வாழ்த்துரை வழங்கினார். ரத்ததானம் செய்வதன் நன்மைகளை பற்றி டாக்டர் அர்ஷதா உரையாற்றினார். பாரத் பல்கலைக்கழக நாட்டு நலப்பணித்திட்ட ஒருங்கிணைப்பாளர் டாக்டர் விஜயராகவன் சிறப்புரை ஆற்றினார். ஸ்ரீலட்சுமி

நாராயணா அலைடு ஹெல்த்சயின்ஸ் கல்லூரி முதல்வர் டாக்டர் சோமசுந்தரம் நன்றி கூறினார். இதற்கான ஏற்பாடுகளை கல்லூரி சிறப்பு அதிகாரி விஷ்ணு வரதன் மற்றும் ராம்குமார், உடற்கல்வி இயக்குனர் தெய்வமணி மற்றும் என்எஸ்எஸ் மாணவர்கள் செய்திருந்தனர்.

In the Day Of Nurses Our SLIMS NSS Volunteers are Donate the Blood and Conducted the Blood Donation Camp and Provide Appreciation Certificate on 12<sup>th</sup> May 2022.



## Organ Donation Awareness



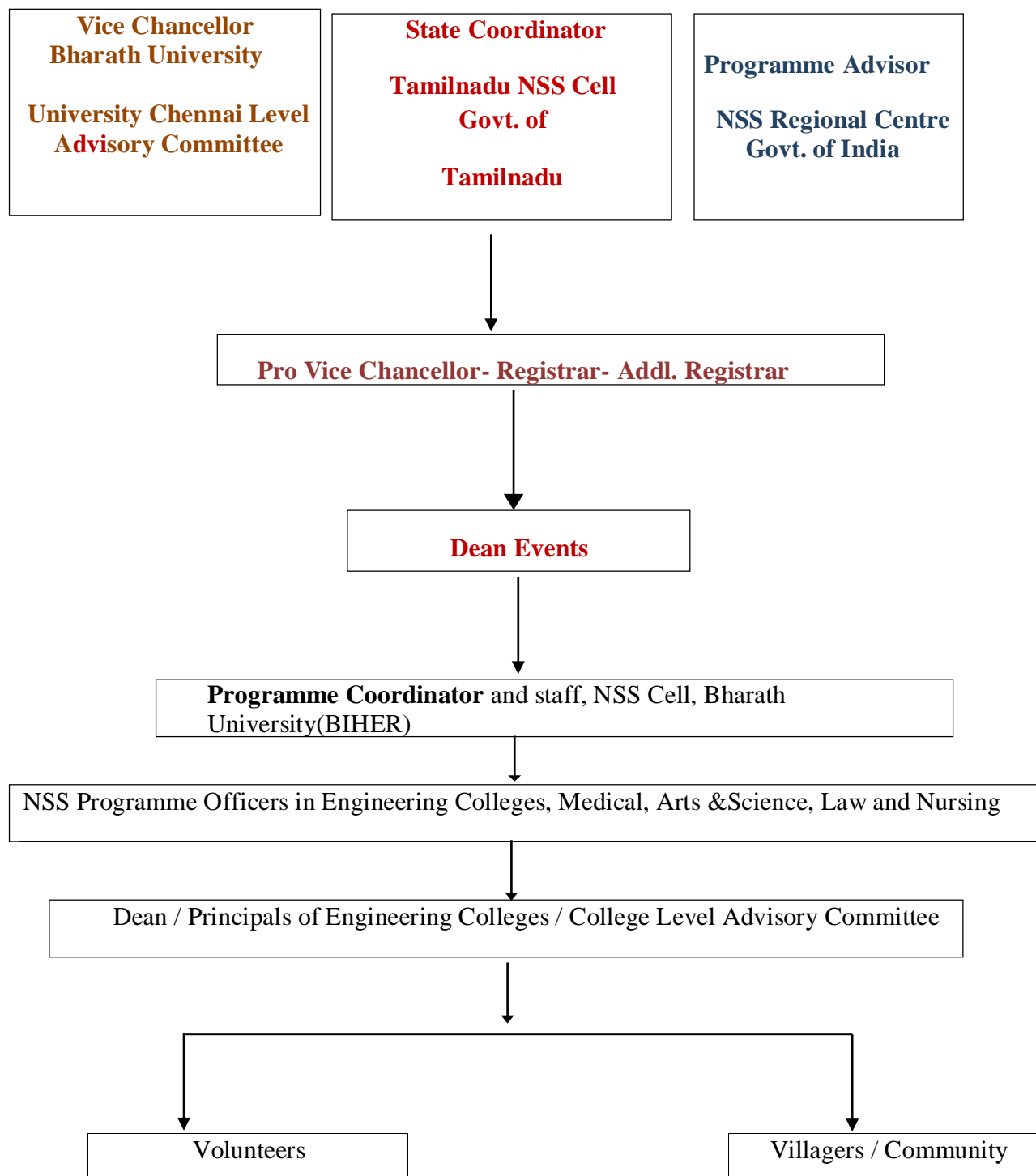
ORGAN DONATION AWARENESS-BIHER 11:00 AM - 2:00 PM Thursday, May 26 2022

(UTC+05:30) Chennai, Kolkata, Mumbai, New Delhi Join from the meeting link

<https://bharathuniv.webex.com/bharathuniv/j.php?MTID=m3bcca8f0065cc00fd768625d4b70f3ab> Join by meeting number Meeting number (access code): 2510 683 6628 Meeting password: F2Vx8jADu23

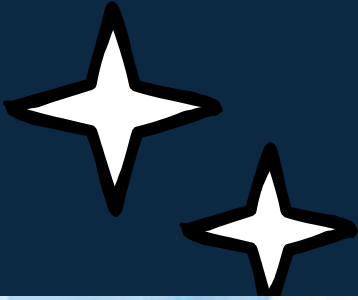
Dr. Kemal Kanvinde, Quality assurance officer, And Ms. Preetha Baskar, Project Executive Mohan Foundation they Presented their PPT for “Organ Donation “and “Youth and a life saving Cause” 100 volunteers were involved in the webinar hence for the though the presentation of Speakers, it was very effective and useful

### 13.Flow Chart for the NSS Cell





**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



# NSS

# 2020-2021







# **Bharath**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

**BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY**

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

## **NATIONAL SERVICE SCHEME**



## **GUIDELINES & ACTIVITIES REPORT**

For

**2020 – 2021**



**Bharath Institute of Higher Education and Research**  
**Chennai-600 073**

**Dr.V. KANAGASABAI**

**Vice –Chancellor**

University Phone: + 91 - 44 - 2229 0742, 22290125

Fax: + 91 - 44 - 2229 3886

Email: [nss@bharathuniv.ac.in](mailto:nss@bharathuniv.ac.in)

National service Scheme provides diversified opportunities to students in colleges and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath Institute of Higher Education and Research has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS volunteers in Engineering Colleges in Bharath Institute of Higher Education and Research on the theme **HEALTHY YOUTH FOR HEALTH INDIA**, for pollution free environment, Voter Awareness program, Tree plantation, polio drops, Blood Donation Camps, General Health Camps, Creation of awareness among the public on HIV/AIDS etc.

I Congrats all NSS Students and participants in the Bharath Institute of Higher Education and Research NSS cell

Like last year, the year 2020-2021 shall be another year with vibrant NSS activities on the theme **HEALTHY YOUTH FOR HEALTH INDIA**. The Hand Book suggest only a few activities to be carried out, there could be many more.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath Institute of Higher Education and Research through the NSS activities

## **MESSAGE**

“Not me, but you”. This is the motto of NSS in order to inculcate the selfless service attitude in the young minds, NSS was established.

‘Personality Development through Community Service ‘is the main objective of NSS. If we really involve in community service, our personality will develop automatically. Many NSS Volunteers, who have actively participated in the Social Service, became very prominent persons in various fields. It is the duty of the NSS Programme officers to Identify Individual talents of the NSS Volunteers and make use of their skills for the welfare of the society.

I am happy to know that our NSS units are functioning effectively. Many important Programmes were implemented by the volunteers of this main campus. I hope that other units also might have done like this. I wish to convey my best wishes to all the NSS Programme officers and the volunteers who have actively contributed to the Society. I appreciate the NSS Co-ordinator for his able guidance and support to the NSS functionaries.

Wish you all Success in all your future Programmes.

**Prof. Dr. Karu Nagrajan**

**Dean, Events**

## **PREFACE**

### **NSS CO-ORDINATOR**

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

NSS is a permanent youth program under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

Bharath Institute of Higher Education and Research Chennai is a large affiliating technological University with over 4 constituent and affiliated Engineering colleges involving over 12 thousand students. The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth for creating the job opportunity, through conducting different types of training programs. As a step towards this direction, Bharath Institute of Higher Education and Research NSS cell has brought out this Guidelines with the rules and guidelines for conducting various Regular and Special Camping activities, to ensure uniformity in the programs. The NSS volunteers will get the benefits from the NSS activities like job opportunities, self-confidence, leadership quality etc.

The Guidelines takes care of modifications needed based on the feedback received from the Principals and NSS Programme Officers.

**Dr.S.P.Vijayaragavan**

**NSS Program Coordinator**

**NSS Cell, Bharath Institute of Higher Education and Research**

<b>S.NO</b>	<b>TABLE OF CONTENTS</b>	<b>PAGE NO</b>
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# **NATIONAL SERVICE SCHEME**

## **1. INTRODUCTION**

National Service Scheme popularly known as NSS was launched in Mahatma Gandhi Centenary year 1969 and aimed to developing student's personality through community service. The overall objective of National Service is education. This objective is attained through the service to the community.

National Service Scheme (NSS) is a permanent youth Programme under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

## **2. OBJECTIVE**

The overall objective of NSS is Personality Development through the community service.

The broad objectives of NSS are to:

- Understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the community and involve them in problem solving process.
- Develop among themselves a sense of social and civic responsibility.
- Utilize their knowledge in finding practical solution to individual and community problems.
- Develop competence required for group-living and sharing of responsibilities.
- Gain skills in mobilizing community participation.
- Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.

## **3. MOTTO**

The motto or watchword of the NSS is "Not me but you". It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. This express the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

#### 4. SYMBOL



The symbol of the National Service Scheme has been based on the Giant Rath Wheel of the world famous Konark Sun Temple of Orissa, India. These giant wheels of the sun temple portray the cycles of creation, preservation and release and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun Chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and enlistment.

#### **BADGE**

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme or community service. The Konark wheel in the symbol has eight bars, which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for the service of the nation round the clock i.e. for 24 hours. The Red Colour in the badge indicates that the NSS volunteers are full of young blood i.e. lively, active, energetic and full of high spirit. The Navy Blue Colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

#### **NSS DAY**

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.

## **NSS SONG**

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

**We shall overcome**

**We shall overcome**

**We shall overcome some day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We'll walk hand in hand**

**We'll walk hand in hand**

**We'll walk hand in hand to- day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall live in peace.**

**We shall live in peace.**

**We shall live in peace to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall not be afraid**

**We shall not be afraid to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day.**

### **STRENGTH ALLOCATED AND ACTIVITIES**

**Regular Activities : 900 (9 Units)**

**Special Camping Programme : 450 (9 Camps)**

**Number of Engineering Colleges**

**Implementing NSS :4 (Institution)**

**No. of Adopted Villages : 9**

<b>No. of Program Officers</b>	<b>:</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>
		<b>7</b>	<b>2</b>	<b>9</b>

**Types of Activities : 1. Regular Activities**

**2. Special Camping Programme**

### **REGULAR ACTIVITIES**

Under this, students undertake various need based programmes in the adopted villages, College Campuses and Urban slums during weekends or after college hours.

120 hours per year and 240 hours for 2 consecutive years

1. General Orientation of NSS Volunteers.

NSS Day Celebrations -20 hrs.

2. Career guidance for the NSS Volunteers, by the

experts and campus work.	-30 hrs.
3. Skill development (first aid, disaster management, public speaking, leadership motivation, HIV/AIDS awareness etc.)	-26 hrs.
4. Community Development Projects (in the adopted village) – Survey in the village, tree plantation, Health, Cleanliness, Road Safety, Visits to Homes, technical training for rural youth and SHG, sanitation, women development programmes, consumer Awareness etc.	-44 hrs.
Total	-120 hrs.

## **SPECIAL CAMPING PROGRAMME**

Under this, 7 days camp organized in the adopted villages with a specified theme being given by Govt. of India by involving local youth. The Special camp should be conducted only in the adopted village (for second year NSS volunteers) at least for three years continuously.

## **5. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS**

Each Engineering College has to constitute an Advisory Committee to advise on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O's may be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book.



The committee may consist of:

1. Vice Chancellor	Chairman
2. Principal / Dean	Members
3. Two staff members with social work background	Members
4. Representative of the Development Department, NGO	Member
5. Representatives from the adopted villages/slum/ Welfare agencies	Member
6. NSS Student leaders one (or) two	Member
7. NSS Programme Officers	Member-Secretary
8. Representative of the Youth Officers	Members

#### **NSS UNIT AND PROGRAMME OFFICER**

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a faculty member. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

#### **6. NSS STUDENT VOLUNTEERS**

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). A work diary is to be maintained by each NSS Volunteer, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

## **7. QUALIFICATION FOR THE NSS PROGRAMME OFFICER**

- a. Program Officer will be selected from the members of teaching only.
- b. NCC Officers and Physical Education Directors should not be appointed as NSS Program Officer.
- c. In Women's Colleges lady teachers should be appointed as NSS Program Officers, However, male members may help the lady NSS Program Officers.
- d. A teacher who has high level of motivation, inclination and attitude for community work and above all, very good rapport with students should be preferred as NSS Program Officer.

## **8. NSS THEME FOR THE YEAR 2020-2021**

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out.

### **HEALTHY YOUTH FOR HEALTH INDIA**

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3 years.

## **9. ACTIVITIES OF NSS VOLUNTEERS AND ADOPTION OF VILLAGE**

The activities under NSS are two-fold, viz., 1. Regular Activities which are undertaken during the working days of the semester and 2. Special Camping activities for 7 days duration in the adopted villages / Urban slum during vocation.

Each NSS unit in the college is expected to adopt a near by village/slum and work for its all round development. Regular Activities and Special Camp should preferably be organized in the adopted village/rural unit/slum for this purpose.

## **10. RECORDS AND REGISTERS**

The following Records and Registers are to be maintained by the NSS units at the Institution level.

1. Enrolment Register of volunteers.
2. Cash Register .
3. Stock Register (Consumable & non-consumable).
4. Attendance Register for Volunteers.
5. Registers for blood grouping – 8 in number.
6. Minutes Book (College Level NSS Advisory Committee).

## **11. DUTIES OF NSS VOLUNTEERS**

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.

## **GUIDELINESS FOR SPECIAL CAMPING PROGRAMMING FOR THE YEAR 2020-21**

### **HEALTHY YOUTH FOR HEALTH INDIA**

Special Camps provide a unique opportunity to the student youth for group living leadership, close, interaction with the community, mutual understanding, tolerance, cohesion, etc. To make constructive use of student's leisure time for community work, these camps are organized during the vocations. During the Special Camps, students are expected to stay the communities where they are holding the camp. These camps are generally of 7 days duration. The objectives behind the theme will have to create awareness about health aspects like no usage of tobacco, HIV/AIDS awareness, Healthy food habits, hygiene drinking water, water born diseases.

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3-4 years.

#### **Proposed activities:**

- Identification of the adopted villages / slum areas.
- Awareness drives through Youth Rallies.
- Community participation by involving members of the adopted villages and local institutions.
- Duration of the NSS Special Camps will be 7 days and the volunteers will have to stay overnight in the camp.
- Organizing Day Camps on the theme at the Adopted Villages on weekends.
- Evaluation of the camp may be done with the help of volunteers and the community.
- Documentation in the form of success stories, news paper, clipping, daily reports in students diary, action photographs, video recording may be made.
- The special camps organized during the quarter may be reflected in the Quarterly Progress Report and the report be sent to all the concerned in time.



## **SUGGESTION SCHEDULE OF ACTIVITIES FOR 7 DAY SPECIAL CAMP ON THE THEME HEALTHY YOUTH HEALTH INDIA**

**Following activities may be undertaken during the 7 Days Special Camp:**

### **Day 1**

Inauguration of the first Day Rapport building exercise in the adopt villages  
Orientation/survey: NSS volunteers may conduct survey of the area / available water resources in the adopted village.

### **Day 2**

The second day Student role in NSS, Rallies, Health camps, environment cleaning etc.

### **Day 3 -4**

NSS volunteers after the survey should conduct cleanliness of wells, digging & deepening of ponds preservation of rainy water by digging tank etc., by involving local people. Upkeep and cleanliness of available drinking water resources. Use of traditional method of filtration using local material. Involvement of community in the maintenance of drinking water resources in collaboration with Health, Irrigation Departments, Municipal Committee, Panchayat Samities etc.

### **Day 5**

Efforts may be made to ensure that the work undertaken during the camp be continued and completed by the local people. Evaluation of the work done through concerned Government Department and local people.

### **Day 6**

Health camp, Discuss about health, Eye camp.

### **Day 7**

Closing of the camp by inviting local people to discuss about the work done and follow up action.

**IMPORTANT: Provide the Toilet and bathroom facilities for the Volunteers. Don't allow the students to take bath in the lake or ponds.**

## 12.ONLINE ACTIVITIES 2020-2021

S.NO	DATE	ACTIVITIES
1	5 <sup>th</sup> June 2020	The World Environmental Day was celebrated by planting trees
2	7 <sup>th</sup> June 2020	Food Safety Day
3	14 <sup>th</sup> June 2020	The World Blood Donors Day was remembered
4	15 <sup>th</sup> June 2020	COVID 19 Awareness painting
5	21 <sup>st</sup> June 2020	The International Yoga Day was remembered
6	26 <sup>th</sup> June 2020	The International Day Against Drug & Illicit Trafficking
7	1 <sup>st</sup> July 2020	Doctor's Day, Medical check up
8	3 <sup>rd</sup> July 2020	International Plastic Bag Free Day
9	11 <sup>th</sup> July 2020	World Population Day was remembered
10	22 <sup>nd</sup> July 2020	COVID 19 Awareness
11	15 <sup>th</sup> August 2020 to 2 <sup>nd</sup> October 2020	Fit India Freedom Run/Walk Start
12	5 <sup>th</sup> September 2020	Teachers day
13	24 <sup>th</sup> September 2020	NSS Day
14	2 <sup>nd</sup> October 2020	Gandhi Jayanthi
15	2 <sup>nd</sup> October 2020	Fit India Freedom Run/Walk End
16	8 <sup>th</sup> October 2020	COVID 19 Pledge taking
17	16 <sup>th</sup> October 2020	Food Processing Day & World Food Day
18	27 <sup>th</sup> November 2020	Trends in Healthcare System
19	1 <sup>st</sup> December 2020	World AIDS Day
20	5 <sup>th</sup> December 2020	RIVAL FIESTA -2020
21	23 <sup>rd</sup> January 2021	Parakram Diwas Netaji Subhash Chandra Bose
22	26 <sup>th</sup> January 2021	Republic Day Celebration was celebrated
23	17 <sup>th</sup> February 2021	IMPROVING ROAD SAFETY AWARENESS IN INDIA
24	8 <sup>th</sup> March 2021	International Women Day Celebration
25	22 <sup>nd</sup> March 2021	World Water Day
26	22 <sup>nd</sup> March 2021	Blood donation Camp
27	6 <sup>th</sup> April 2021	Right to Vote pledge taking
28	14 <sup>th</sup> April 2021 to 16 <sup>th</sup> April 2021	Vaccination Utsav
29	22 <sup>nd</sup> April 2021	Earth Day
30	30 <sup>th</sup> April 2021	COVID 19 Vaccination Camp

## YOGA DAY-2020



Our NSS Volunteers are Participated International Yoga Day at Various Places with Family Members

# COVID-19 Painting Awareness



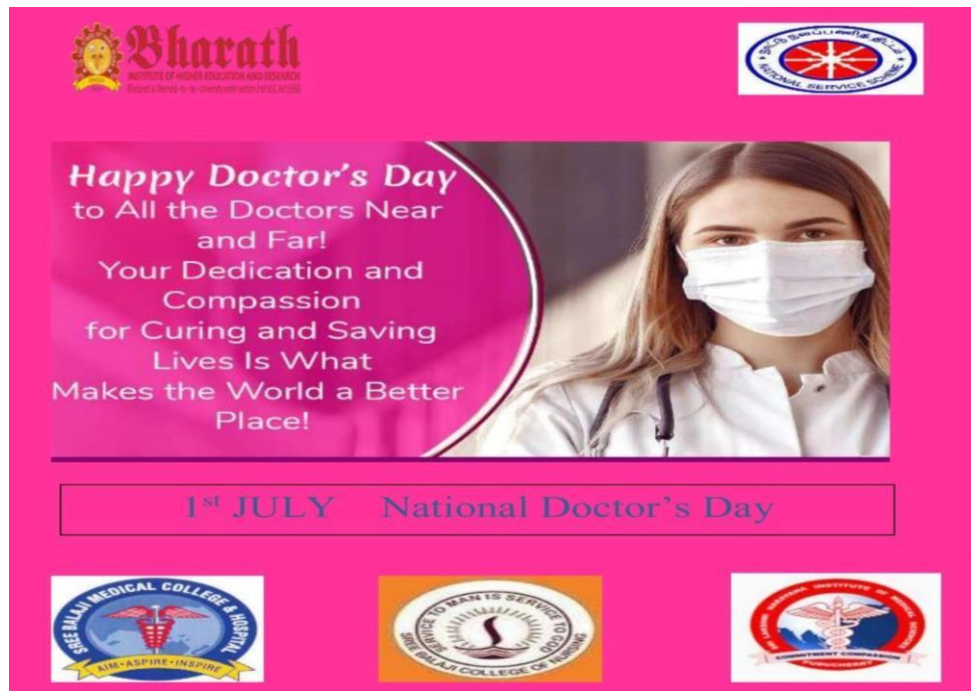


# THE INTERNATIONAL DAY AGAINST DRUG & ILLICIT TRAFFICKING



**'Share Drug Facts to Save Lives'** is the theme of the International Day Against Drug Abuse and Illicit Trafficking this year. International Day Against Drug Abuse and Illicit Trafficking is observed every year on June 26 with an aim to spread awareness about the global drug problem and eliminate drug misuse

## Doctor's Day



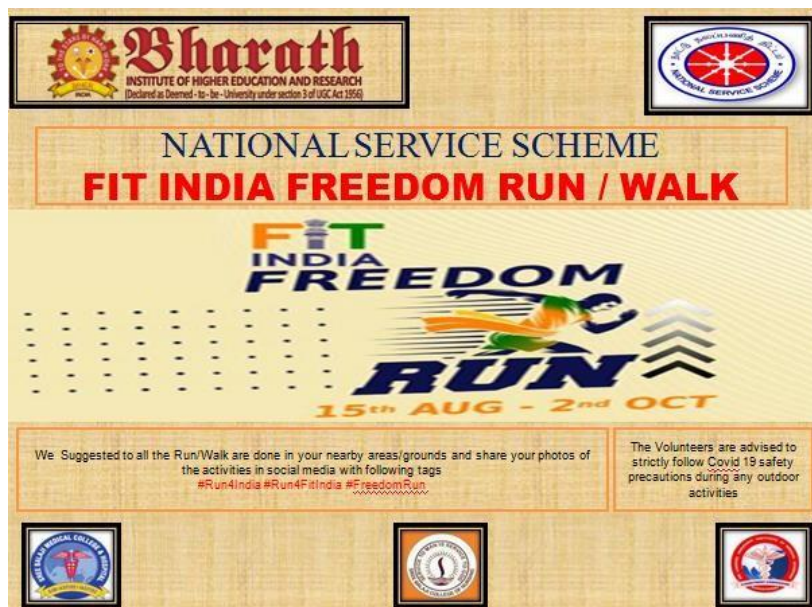
National Doctors' Day is celebrated on July 1, in India, to mark **the birth and honour the contributions of renowned physician and former West Bengal chief minister Dr Bidhan Chandra Roy**. The first National Doctors' Day was celebrated in the year 1991.

## International Plastic Bag Free Day



The Plastic Bag Free Day is now part of the broader Break Free From Plastic movement, which brings together an international coalition of NGOs to build a future free from plastic pollution. Join the global movement Now!

## Fit India Freedom Run/Walk Start



The Fit India programme aims to encourage people to take up fitness activities such as running and sports in their daily lives and get freedom from obesity, laziness, stress, anxiety, diseases, etc. People can register and upload their run on Fit India portal—fit India

## NSS Day

**Bharathi** NATIONAL SERVICE SCHEME NSS DAY presents

# LIVE MASTER CLASS

On

## DIGITAL EYE STRAIN & COVID

**Speakers**

**Dr. K. Kavitha Lakshmi**  
M.S. (Ophthalmology)  
K.K. Eye Health Care & Research Centre, Chennai  
Mob No- 9581053695

**Dr. M. Roshan Kumar**  
MD, Pulmonary Medicine  
Chennai  
Mob No- 98414 58167

**TOPIC**

↓

**Organizing by:**  
NSS Unit, BIHER  
Chennai-73

**TOPIC**

↓

**Live Webinar : Thursday, 24th Sep @ 04:45 pm to 05:45 pm**

Stay safe

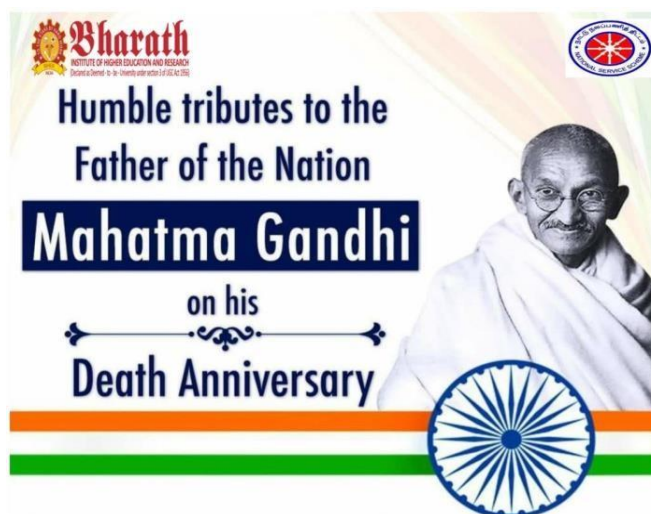
Stay Healthy

Webinar on Digital Eye Strain & COVID-19 on account of Nss Day. Date: Sep 24, 2020, Time: 4:45 PM-05:45 PM <https://global.gotomeeting.com/join/774070757> Access Code: 774-070-757 New to GoToMeeting? Get the app now and be ready when your first meeting starts: <https://global.gotomeeting.com/install/774070757>

NSS DAY was celebrated in our University in Grand manner. As Discussed with Dean Events **Prof. Dr. Karu. Nagarajan**. We planned to organize Webinar with Eminent Doctors **Dr.K.kavitha lakshmi**, M.S. (Ophthal), K.K .Eye Health Care & Research Centre, Chennai. And **Dr.Roshan Kumar**, MD, Pulmonary Medicine Chennai. They Presented their PPT for “visual implications of Digital Device usage in school children” and “Health & Hygiene in COVID 19”. 100 volunteers were involved in the webinar hence for the though the presentation of the Doctors, it was very effective and useful.



## GANDHI DEATH ANNIVERSARY



The slogan '**do or die**' associated with Mahatma Gandhi.

## COVID 19 Pledge taking





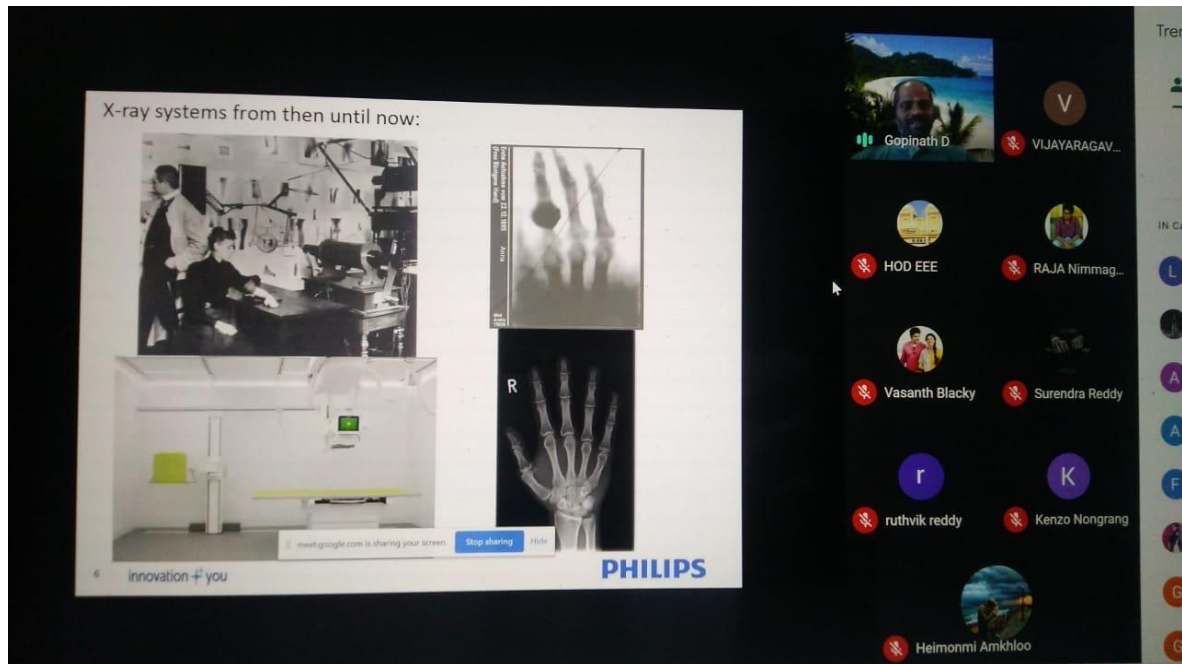
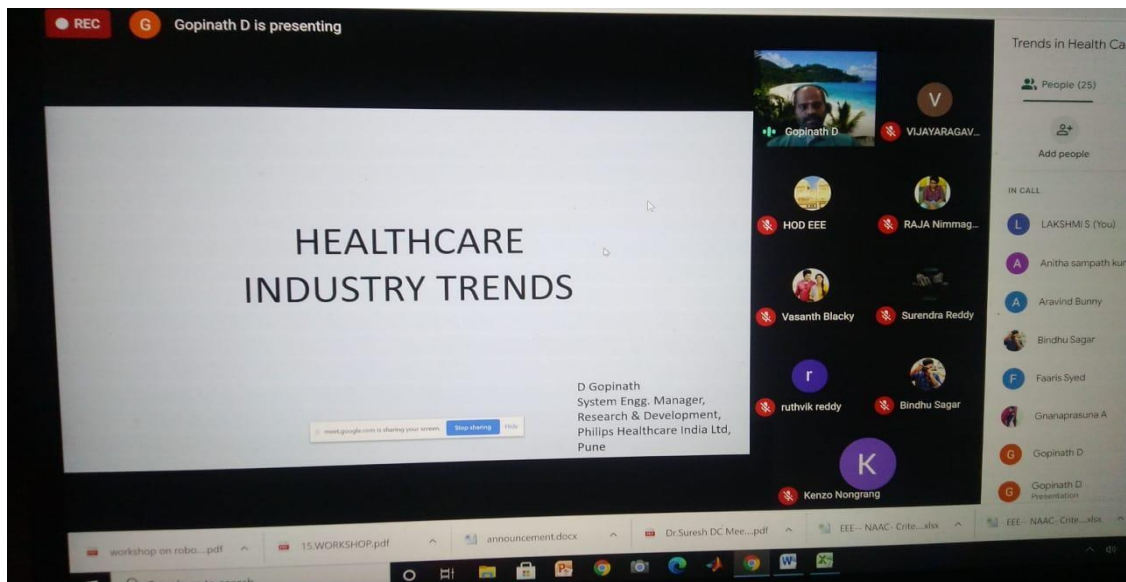
## FOOD PROCESSING DAY & WORLD FOOD DAY



World Food Day is celebrated to mark the anniversary of the founding of the FAO of the United Nations, every year. This day aims at **tackling global hunger and striving to eradicate hunger across the world**

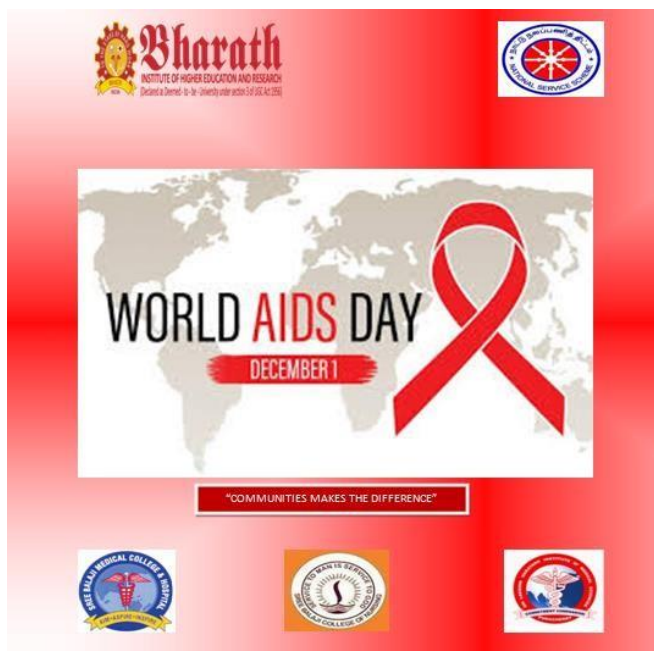
## Trends in Healthcare System

A poster for a webinar titled 'Trends in Healthcare System' organized by the Department of Electrical and Electronics Engineering at Bharath Institute of Higher Education and Research. The poster features the Bharath Institute of Higher Education and Research logo at the top, along with accreditation logos for ABET, AICTE, and the 37th anniversary. The text 'NATIONAL SERVICE SCHEME' is prominently displayed. Below this, the text 'DEPARTMENT OF ELECTRICAL AND ELECTRONICS ENGINEERING' and 'Organizes a Webinar on' are shown. The webinar title 'Trends in Healthcare System' is in bold, followed by 'Resource Person'. A photo of Mr. D. Gopinath, System Engineering Manager, Research and Development, Division, Philips Healthcare System, Pune, is shown. The poster also lists the organizer, Dr. M. K. Hampoornan, and the co-ordinator, Dr. S. P. Vijayaragavan. The date is 27.11.2020, and the timing is 11:30 am to 12:30 pm. For registration, the URL <https://forms.gle/MWqggPkUCe5XQXvb9> is provided.



Healthcare comprises **hospitals, medical devices, clinical trials, outsourcing, telemedicine, medical tourism, health insurance and medical equipment**. The Indian healthcare sector is growing at a brisk pace due to its strengthening coverage, services and increasing expenditure by public as well private players. The purpose of the health care industry is **to promote health, to heal, to provide treatment**, and to increase the quality of life of the individuals that are being served. Each medical professional has chosen to pursue a career to help mankind, in a selfless act and without self-interest

## WORLD AIDS DAY-2020



World AIDS Day – **December 1**. World AIDS Day, observed each year on December 1, is an opportunity for people worldwide to unite in the fight against HIV, show their support for people living with HIV, and remember those who have died from an HIV-related illness

## RIVAL FIESTA -2020

**RIVAL FIESTA 2020**  
SEASON-2

95-DECEMBER-2020  
FOR COLLEGE STUDENTS:  
HTTPS://FORMS.GLE/35EEAYNCF6ARZUE57

Early bird registration : Rs 100/- (27th of October to 20th of November)  
Nominal fee registration : Rs 150/- (21st of November to 30th of November)  
Late registration : Rs 200/- (1st of December to 4th December)

GPAY NUMBER- MR.BALAJI RAMACHANDRAN-7550100820  
MAIL ID: INFO.RIVALFIESTA@GMAIL.COM  
FEEDBACK.NOOBTRON@GMAIL.COM

COLLEGE REGISTRATION LINK

QR CODE

**LIST OF EVENT**

1. Food drive
2. Hall Advertising
3. Innovative Socio- Project Development Competition
4. Movies/ Videos
5. Photography Contest
6. Planting A sampling
7. Research Paper Presentation Competition.
8. Smart City Innovation
9. Article Writing
10. Discovery Reward
11. Indian Market App Development
12. Sketching and painting
13. Creative Digital Marketing Contest
14. Hackathon
15. Jam contest
16. Brushless painting
17. Red Nose Challenge
18. Young Scientist

Co-ordinators contact:  
FOR SOUTH  
VLJAYARAGAVAN- 90033 04814  
DHIVENTHRA- 9750039398  
DIVYA - 9514771677  
HARI PRIYA - 9566214073

## PRE REPUBLIC DAY PARADE CAMP-2020







### என்எஸ்எஸ் மாணவர்கள் தேர்வு முகாம் நிறைவு விழா திருச்சி தேசியக்கல்லூரியில் நடந்தது



திருச்சி, டிச.7: 2021 ஜனவரி 26 குடியரசு தினத்தன்று டெல்லியில் நடைபெறும் குடியரசு தின அணிவகுப்பில் பங்குபெறும் என்எஸ்எஸ் தொண்டர்கள் களின் தென் மண்டல அளவிடப்பட்ட தேர்வு முகாம் திருச்சி தேசியக்கல்லூரியில் கடந்த மாதம் 27ம் தேதி முதல் நடைபெற்றது.

இத்தேர்வு முகாமின் நிறைவு விழா நேற்று இக்கல்லூரி வளாகத்தில் நடைபெற்றது. கல்லூரி முதல்வர் சுந்தரராஜன் தலைமை வகித்தார். தென் மண்டல என்எஸ்எஸ் அலுவலர் சாமுவேல் செல்லையா, முகாம் குறித்து பேசினார். தமிழகம், கேரளா, கர்நாடகா, புதுச்சேரி, அந்தமான் நிக்கோபார் தீவுகள், லட்சத்தீவு ஆகிய தென்னிந்திய மாநிலங்களில் இருந்து 200

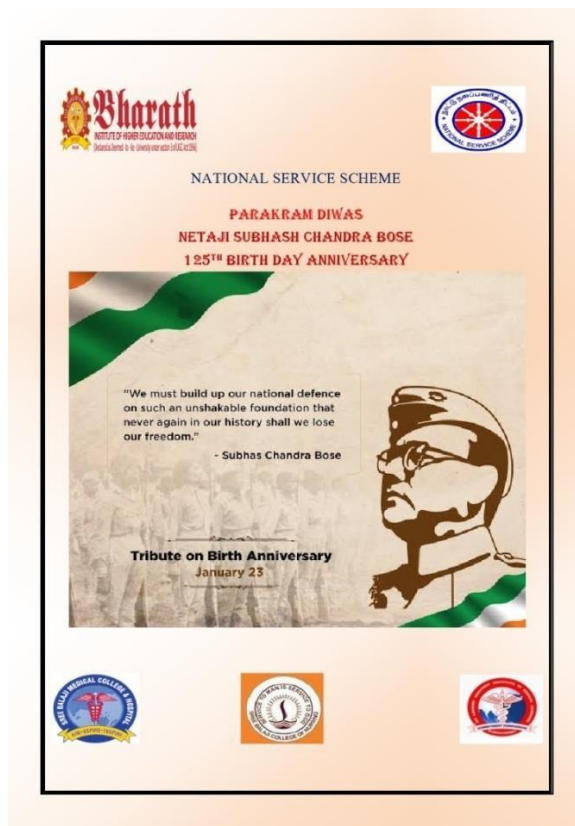
மாணவ, மாணவிகள் முகாமில் பங்கேற்றனர். சிறப்பு விருந்தினராக பங்கேற்ற மதுரை காமராசர் பல்கலை துணைவேந்தர் கிருஷ்ணன் சிறப்புரையாற்றினார். நேரு யுவகேந்திரா இளையோர் அமைப்பின் தமிழக இயக்குநர் நடராஜ், தமிழக என்எஸ்எஸ் அலுவலர் செந்தில் குமார், காமராசர் பல்கலை பேராசிரியர் கண்ணன் ஆகியோர் வாழ்த்தி பேசினர். முன்னதாக கவுகாத்தி மண்டல என்எஸ்எஸ் அலுவலர் தீபக்குமார், ராஜஸ் தான் மண்டல என்எஸ்எஸ் அலுவலர் பட்டநாகர் ஆகியோர் அணிவகுப்பில் பங்குபெறும் என்எஸ்எஸ் மாணவ, மாணவிகளை தேர்வு செய்வதைக் கல்லூரி துணை முதல்வர், என்எஸ்எஸ் அலுவலர் பிரசன்னபா லாஜி நன்றி கூறினார்.



Our NSS Volunteer **Raghul.A (BIHER)** Participated in the NSS South zone Pre- Republic Day Parade Camp 2020 Organized by Regional Directorate of NSS Chennai held at National College, Trichy From 27<sup>th</sup> November to 6<sup>th</sup> December 2020



# PARAKRAM DIWAS NETAJI SUBHASH CHANDRA BOSE



Netaji Jayanti, also known as "Netaji Subhas Chandra Bose Jayanti" or officially "Parakram Divas" or "Parakram Diwas", is a national event celebrated in India to mark the birthday of a prominent Indian freedom fighter Netaji Subhas Chandra Bose. It is celebrated annually on 23 January

## REPUBLIC DAY -2021



Republic Day is a national holiday in India, when the country marks and celebrates the date on which the Constitution of India came into effect on 26, January 1950, replacing the Government of India Act as the governing document of India and thus, turning the nation into a newly formed republic.

# IMPROVING ROAD SAFETY AWARENESS IN INDIA





**Bharath Institute of Science and Technology (BIST)**  
**Bharath Institute of Higher Education and Research (BIHER)**  
**NATIONAL SERVICE SCHEME**  
 Organizes  
**National Level E-Webinar**  
 ON  
**“IMPROVING ROAD SAFETY AWARENESS IN INDIA”**

**17<sup>TH</sup> FEBRUARY 2021**  
**TIME: 10.30 A. M - 11.30 P.M**  
**Free Registration**  
**E- Certificates will be provided**

  
**Mr. P. RAMAR**  
 Sub Inspector of police C.I.D. branch

  
**Mr. R. ELANGO**  
 GRP, Chennai

**Dr. M. Babu**  
 NSS Programme officer

**Dr. S.P. Vijayaragavan**  
 NSS Co-ordinator

**Dr. Karu nagarajan**  
 Dean events

Registration link: <https://forms.gle/mtFLi3hnga2cU3VB7>  
 Google meet link: <https://meet.google.com/djm-xoek-xbu>

**ALL ARE WELCOME**  
**CORDIALLY INVITES YOU ALL**

ஸ்ரீலட்சுமிநாராயணா மருத்துவ கல்லூரி சார்பில்

## சாலை பாதுகாப்பு விழிப்புணர்வு பேரணி



அகரம் ஸ்ரீலட்சுமி நாராயணா மருத்துவ கல்லூரி சார்பில் ராஜீவ்காந்தி சதுக்கத்தில் சாலை பாதுகாப்பு விழிப்புணர்வு பேரணி நடந்தது.

வில்லியனார், பிப். 18: புதுச்சேரி அகரம் பகுதியில் உள்ள ஸ்ரீ லட்சுமி நாராயணா மருத்துவ கல்லூரியின் சமூக நலத்துறை சார்பில் சாலை பாதுகாப்பு மாதத்தை முன்னிட்டு ராஜீவ்காந்தி சதுக்கத்தில் சாலை போக்குவரத்து விதிகள் மற்றும் பாதுகாப்பு குறித்து விழிப்புணர்வு பேரணி நடந்தது. கல்லூரி முதல்வர் பாலகுருநாதன் தலைமை தாங்கி பேரணியை துவக்கி வைத்தார்.

போக்குவரத்து உதவி ஆய்வாளர் பிரதாபன் முன்னிலையில் கல்லூரி பயிற்சி மருத்துவர்கள் மற்றும் மாணவர்கள் விழிப்புணர்வு பதாகைகளை ஏந்தி சென்று பொதுமக்களுக்கு விழிப்புணர்வு ஏற்படுத்தி

னர். மேலும் தலைகவசம் அணிவது பற்றியும், அதனால் ஏற்படும் நன்மைகள் பற்றியும் வாகன ஓட்டிகளுக்கு துண்டு பிரசுரங்களை விநியோகித்து விழிப்புணர்வு ஏற்படுத்தினர்.

இந்நிகழ்ச்சியில் எலும்பு முறிவு மருத்துவர் விஜயராகவன், சமூக நல மருத்துவத்துறை தலைவர் ரஜினி மற்றும் மருத்துவர்கள் அருள் பிரசாத், பிரவீன்ராஜ், முதுநிலை மாணவர்கள் பொன்மலர், சிவப்பிரகாசம், அன்பரசு, ஹரிஹரன் உள்பட மாணவர்கள் மற்றும் பேராசிரியர்கள் கலந்து கொண்டனர். இதற்கான ஏற்பாடுகளை மக்கள் தொடர்பு அதிகாரி விஷ்ணு, உடற்பயிற்சி ஆசிரியர் தெய்வமுனி ஆகியோர் செய்திருந்தனர்.





## International Women Day -2021



Every year, March 8 is celebrated as International Women's Day. This year, the goal is to create a gender-equal world. It is **about celebrating a woman's success and raising awareness against bias**. So we all should choose to 'challenge' to bring the change.

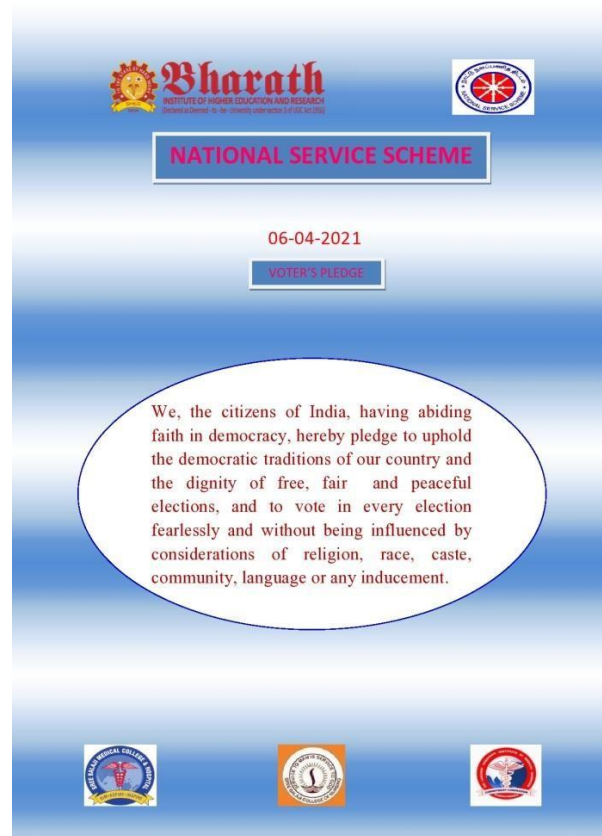
## WORLD WATER DAY



World Water Day celebrates **water and raises awareness of the 2.2 billion people living without access to safe water**. ... A core focus of World Water Days is to support the achievement of Sustainable Development Goal 6: water and sanitation for all by 2030.



## RIGHT TO VOTE PLEDGE TAKING



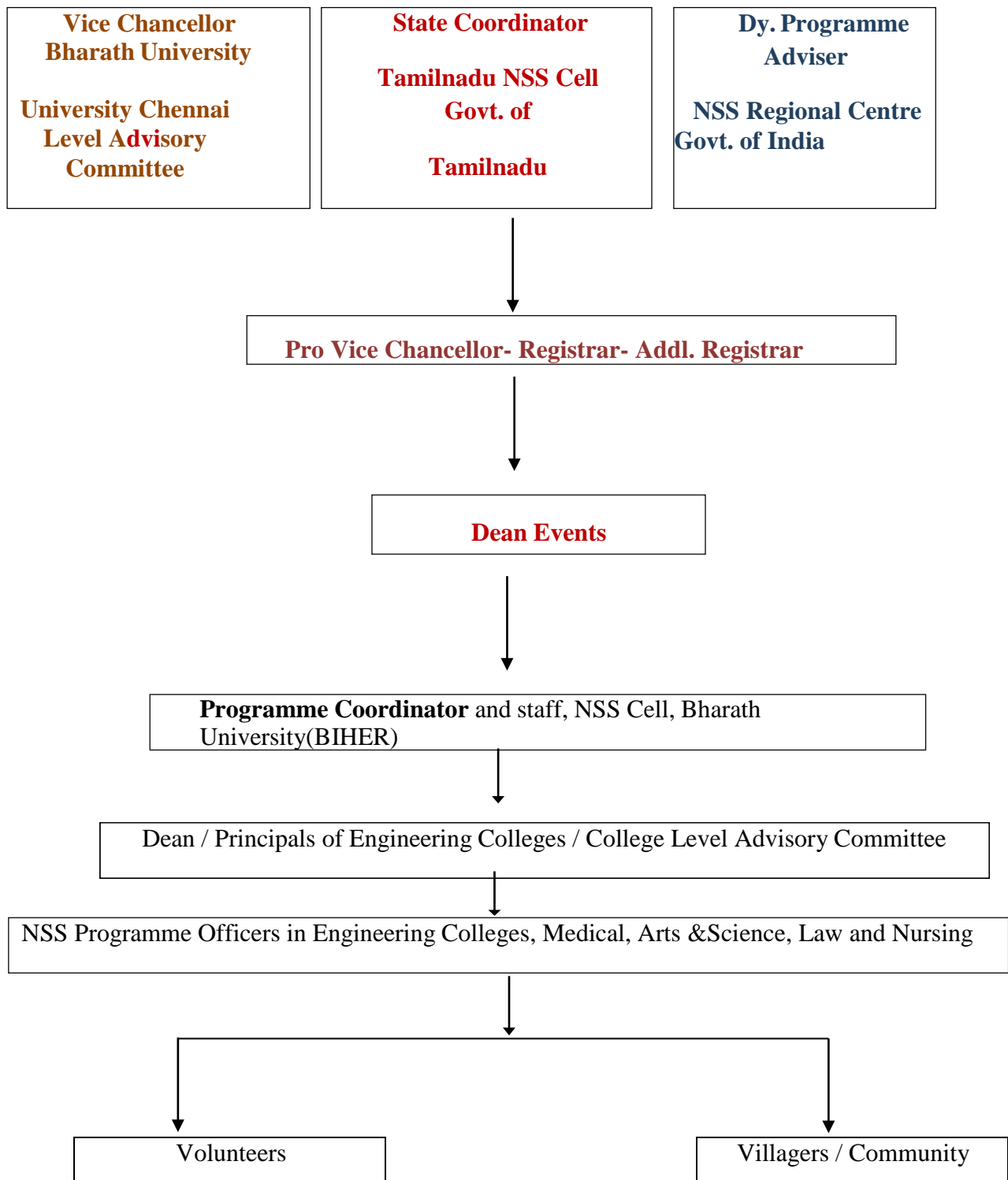
Electors in practice have since the 19<sup>th</sup> century almost always agreed in advance to vote for a particular candidate — that is, they are said to have been pledged to that candidate

## COVID 19 Vaccination Camp- 2021



Our University President Dr.J.Sundeepp Aanand inaugurated **COVID 19 Vaccination Camp- 2021** With Additional Registrar Dr.R.Hari prakash (BIHER)

### 13.FLOW CHART FOR THE NSS CELL





# Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



# NSS\_

# 2018-2019







# **Bharath**

**INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

**BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY**

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

## **NATIONAL SERVICE SCHEME**



## **GUIDELINES & ACTIVITIES REPORT**

For

**2018 – 2019**

# **Bharath Institute of Higher Education and Research**

**Chennai-600 073**

**Dr.V. KANAGASABAI**

**Vice –Chancellor**

University Phone: + 91 - 44 - 2229 0742, 2229 0125

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National service Scheme provides diversified opportunities to students in colleges and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath Institute of Higher Education and Research has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS volunteers in Engineering Colleges in Bharath Institute of Higher Education and Research on the theme **HEALTHY YOUTH FOR HEALTH INDIA**, for pollution free environment, Voter Awareness program, Tree plantation, polio drops, Blood Donation Camps, General Health Camps, Creation of awareness among the public on HIV/AIDS etc.

I Congrats all NSS Students and participants in the Bharath Institute of Higher Education and Research NSS cell

Like last year, the year 2018-2019 shall be another year with vibrant NSS activities on the theme **HEALTHY YOUTH FOR HEALTH INDIA**. The Hand Book suggest only a few activities to be carried out, there could be many more.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath Institute of Higher Education and Research through the NSS activities.

## **MESSAGE**

“Not me, but you”. This is the motto of NSS in order to inculcate the selfless service attitude in the young minds, NSS was established.

‘Personality Development through Community Service’ is the main objective of NSS. If we really involve in community service, our personality will develop automatically. Many NSS Volunteers, who have actively participated in the Social Service, became very prominent persons in various fields. It is the duty of the NSS Programme officers to identify individual talents of the NSS Volunteers and make use of their skills for the welfare of the society.

I am happy to know that our NSS units are functioning effectively. Many important Programmes were implemented by the volunteers of this main campus. I hope that other units also might have done like this. I wish to convey my best wishes to all the NSS Programme officers and the volunteers who have actively contributed to the Society. I appreciate the NSS Co-ordinator for his able guidance and support to the NSS functionaries.

Wish you all Success in all your future Programmes.

**Prof. Dr. Karu Nagrajan**

**Dean, Events**

## **PREFACE**

**Dr.R.KARTHIKEYAN**

**NSS CO-ORDINATOR**

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

NSS is a permanent youth program under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

Bharath Institute of Higher Education and Research Chennai is a large affiliating technological University with over 4 constituent and affiliated Engineering colleges involving over 12 thousand students. The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth for creating the job opportunity, through conducting different types of training programs. As a step towards this direction, Bharath Institute of Higher Education and Research NSS cell has brought out this Guidelines with the rules and guidelines for conducting various Regular and Special Camping activities, to ensure uniformity in the programs. The NSS volunteers will get the benefits from the NSS activities like job opportunities, self-confidence, leadership quality etc.

The Guidelines takes care of modifications needed based on the feedback received from the Principals and NSS Programme Officers.

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**NSS Cell, Bharath Institute of Higher Education and Research**

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# **NATIONAL SERVICE SCHEME**

## **1. INTRODUCTION**

National Service Scheme popularly known as NSS was launched in Mahatma Gandhi Centenary year 1969 and aimed to developing student's personality through community service. The overall objective of National Service is education. This objective is attained through the service to the community.

National Service Scheme (NSS) is a permanent youth Programme under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

## **2. OBJECTIVE**

The overall objective of NSS is Personality Development through the community service.

The broad objectives of NSS are to:

- Understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the community and involve them in problem solving process.
- Develop among themselves a sense of social and civic responsibility.
- Utilize their knowledge in finding practical solution to individual and community problems.
- Develop competence required for group-living and sharing of responsibilities.
- Gain skills in mobilizing community participation.
- Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.

## **3. MOTTO**

The motto or watchword of the NSS is “**Not me but you**”. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. This expresses the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

#### 4. SYMBOL

The symbol of the National Service Scheme has been based on the **Giant Rath** Wheel of the world famous Konark Sun Temple of Orissa, India. These giant wheels of the sun temple portrays the cycles of creation, preservation and release and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun Chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and enlistment.

##### **BADGE**

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme or community service. The konark wheel in the symbol has eight bars, which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for the service of the nation round the clock i.e. for 24 hours. The Red Colour in the badge indicates that the NSS volunteers are full of young blood i.e. lively, active, energetic and full of high spirit. The Navy Blue Colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

##### **NSS DAY**

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.

## **NSS SONG**

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

**We shall overcome**

**We shall overcome**

**We shall overcome some day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We'll walk hand in hand**

**We'll walk hand in hand**

**We'll walk hand in hand to- day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall live in peace.**

**We shall live in peace.**

**We shall live in peace to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall not be afraid**

**We shall not be afraid to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day.**

### **STRENGTH ALLOCATED AND ACTIVITIES**

**Regular Activities : 900 (9 Units)**

**Special Camping Programme : 450 (9 Camps)**

**Number of Engineering Colleges  
Implementing NSS**

**:4 (Institution)**

**No. of Adopted Villages : 9**

<b>No. of Program Officers</b>	<b>:</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>
		<b>8</b>	<b>1</b>	<b>9</b>

**Types of Activities : 1. Regular Activities**

**2. Special Camping Programme**

### **REGULAR ACTIVITIES**

Under this, students undertake various need based programmes in the adopted villages, College Campuses and Urban slums during weekends or after college hours.

120 hours per year and 240 hours for 2 consecutive years

1. General Orientation of NSS Volunteers.

NSS Day Celebrations

-20 hrs.

2. Career guidance for the NSS Volunteers, by the

experts and campus work.	-30 hrs.
3. Skill development (first aid, disaster management, public speaking, leadership motivation, HIV/AIDS awareness etc.).	-26 hrs.
4. Community Development Projects (in the adopted village) – Survey in the village, tree plantation, Health, Cleanliness, Road Safety, Visits to Homes, technical training for rural youth and SHG, sanitation, women development programmes, consumer Awareness etc.	-44 hrs.
<b>Total</b>	<b>-120 hrs.</b>

## **SPECIAL CAMPING PROGRAMME**

Under this, 7 days camp organized in the adopted villages with a specified theme being given by Govt. of India by involving local youth. The Special camp should be conducted only in the adopted village (for second year NSS volunteers) at least for three years continuously.

## **5. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS**

Each Engineering College has to constitute an Advisory Committee to advise on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O's may be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book.



The committee may consist of:

1. Vice Chancellor	Chairman
2. Principal / Dean	Members
3. Two staff members with social work background	Members
4. Representative of the Development Department, NGO	Member
5. Representatives from the adopted villages/slum/ Welfare agencies	Member
6. NSS Student leaders one (or) two	Member
7. NSS Programme Officers	Member-Secretary
8. Representative of the Youth Officers	Members

### **NSS UNIT AND PROGRAMME OFFICER**

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a faculty member. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

### **6. NSS STUDENT VOLUNTEERS**

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). A work diary is to be maintained by each NSS Volunteer, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

## **7. QUALIFICATION FOR THE NSS PROGRAMME OFFICER**

- a. Program Officer will be selected from the members of teaching only.
- b. NCC Officers and Physical Education Directors should not be appointed as NSS Program Officer.
- c. In Women's Colleges lady teachers should be appointed as NSS Program Officers, However, male members may help the lady NSS Program Officers.
- d. A teacher who has high level of motivation, inclination and attitude for community work and above all, very good rapport with students should be preferred as NSS Program Officer.

## **8. NSS THEME FOR THE YEAR 2018-2019**

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out.

### **HEALTHY YOUTH FOR HEALTH INDIA**

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3 years.

## **9. ACTIVITIES OF NSS VOLUNTEERS AND ADOPTION OF VILLAGE**

The activities under NSS are two-fold, viz., 1. Regular Activities which are undertaken during the working days of the semester and 2. Special Camping activities for 7 days duration in the adopted villages / Urban slum during vocation.

Each NSS unit in the college is expected to adopt a near by village/slum and work for its all round development. Regular Activities and Special Camp should preferably be organized in the adopted village/rural unit/slum for this purpose.

## 10. NORMS FOR EXPENDITURE

Each NSS unit will be supported by Rs.22,500 per year for the following expenses.

The amount of Rs.22, 500 sanctioned to each NSS unit in the College will be utilized as follows:

a) Special Camping at Rs.450 per volunteers  
per day for 7 days for 50 volunteers -Rs. 16,294

b) Regular Activities for 100 volunteers at  
Rs.225 per volunteers per year -Rs. 18,104

b) The allocation of Rs.22,500 for Regular Activities will be sent as follows:

1. Out-of-pocket allowance to Programme  
Officers -Rs.4, 800

2. Clerical assistance  
-Rs.1, 200

Sub Total-1 Rs.6, 000

3. Refreshment to NSS Volunteers -Rs.12, 000

4. Equipments / Utensils/Books for Career Guidance -Rs. 2000

5. TA to Programme Officers / Volunteers -Rs. 1,500

6. Contingencies -Rs. 1,000

Sub Total-2 Rs.16,500.

Grand Total per Unit (SubTotal-1+SubTotal-2)

.....  
Rs.22, 500  
.....

## **11. CORPUS FUND**

As per the Directorate of Collegiate Education's and State Coordinator, NSS Letter No. Rc.No. 024081/P1/2003 dated 04.07.2003 all the Engineering Colleges sanctioned with NSS units shall collect Rs.10 from all the students joining first year at the time of admission. This amount shall be distributed as follows:

1. Rs.3 to be sent NSS Program Coordinator, Bharath Institute of Higher Education and Research, Chennai – 600 073 by drawing Demand Draft in favor of NSS Program Coordinator, Bharath Institute of Higher Education and Research.
2. Rs.2 to be sent to State NSS Coordinator, Directorate of Collegiate Education, Chennai– 600 006 by drawing Demand Draft in favor of State NSS Coordinator.
3. Rs.5 to be retained by the colleges as NSS Corpus Fund (which shall not be utilized for program expenditure for the present.)

## **12. RECORDS AND REGISTERS**

The following Records and Registers are to be maintained by the NSS units at the Institution level.

1. Enrolment Register of volunteers.
2. Cash Register .
3. Stock Register (Consumable & non-consumable).
4. Attendance Register for Volunteers.
5. Registers for blood grouping – 8 in number.
6. Minutes Book (College Level NSS Advisory Committee).

### **13. DUTIES OF NSS VOLUNTEERS**

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.



## **GUIDELINESS FOR SPECIAL CAMPING PROGRAMMING FOR THE YEAR 2018-19**

### **HEALTHY YOUTH FOR HEALTH INDIA**

Special Camps provide a unique opportunity to the student youth for group living leadership, close, interaction with the community, mutual understanding, tolerance, cohesion, etc. To make constructive use of student's leisure time for community work, these camps are organized during the vacations. During the Special Camps, students are expected to stay in the communities where they are holding the camp. These camps are generally of 7 days duration. The objectives behind the theme will have to create awareness about health aspects like no usage of tobacco, HIV/AIDS awareness, Healthy food habits, hygiene drinking water, water born diseases.

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3-4 years.

#### **Proposed activities:**

- Identification of the adopted villages / slum areas.
- Awareness drives through Youth Rallies.
- Community participation by involving members of the adopted villages and local institutions.
- Duration of the NSS Special Camps will be 7 days and the volunteers will have to stay overnight in the camp.
- Organizing Day Camps on the theme at the Adopted Villages on weekends.
- Evaluation of the camp may be done with the help of volunteers and the community.
- Documentation in the form of success stories, news paper, clipping, daily reports in students diary, action photographs, video recording may be made.
- The special camps organized during the quarter may be reflected in the Quarterly Progress Report and the report be sent to all the concerned in time.

## **SUGGESTION SCHEDULE OF ACTIVITIES FOR 7 DAY SPECIAL CAMP ON THE THEME HEALTHY YOUTH HEALTH INDIA**

**Following activities may be undertaken during the 7 Days Special Camp**

### **Day 1**

Inauguration of the first Day Rapport building exercise in the adopt villages  
Orientation/survey: NSS volunteers may conduct survey of the area / available  
waterresources in the adopted village.

### **Day 2**

The second day Student role in NSS, Rallies, Health camps, environment cleaning  
etc.

### **Day3-4**

NSS volunteers after the survey should conduct cleanliness of wells, digging &  
deepeningof ponds preservation of rainy water by digging tank etc., by involving  
local people. Upkeep and cleanliness of available drinking water resources. Use  
of traditional method offiltration using local material. Involvement of community  
in the maintenance of drinking water resources in collaboration with Health,  
Irrigation Departments, MunicipalCommittee, Panchayat Samities etc.

### **Day 5**

Efforts may be made to ensure that the work undertaken during the camp be  
continued and completed by the local people. Evaluation of thework done through  
concerned GovernmentDepartment and local people.

### **Day 6**

Health camp, Discuss about health, Eye camp.

### **Day 7**

Closing of the camp by inviting local people to discuss about the work done and  
follow up action.

**IMPORTANT: Provide the Toilet and bathroom facilities for the Volunteers. Don't  
allow the students to take bath in the lake or ponds.**

#### **14. REGULAR ACTIVITIES 2018-2019**

<b>S.NO</b>	<b>DATE</b>	<b>ACTIVITIES</b>
1	05 <sup>th</sup> July 2018	Blood Donation Camp was conducted
2	05 <sup>th</sup> August 2018	General medical camp
3	11 <sup>th</sup> October 2018	Seed ball Tree Plantation
4	15 <sup>th</sup> October 2018	Swachn bharath-Swachh paryatan
5	11 <sup>th</sup> January 2019	Pongal Celebration
6	8 <sup>th</sup> February 2019	Dental Camp Program
7	18 <sup>th</sup> February 2019	CCTV Camera inauguration (cctv 3rd eye surveillance)
8	27 <sup>th</sup> February 2019	Traffic Awareness Program
9	27 <sup>th</sup> February 2019	Seminar on "Road safety"
10	15 <sup>th</sup> March 2019	Helmet Awareness Program
11	25 <sup>th</sup> March 2019 to 31 <sup>st</sup> March 2019	Special camp Program
12	4 <sup>th</sup> April 2019	Blood Donation Camp was conducted
13	05 <sup>th</sup> June 2019	Voting Awareness Program

## **Blood Donation Camp**

Blood donation refers to the process of collecting, testing, preparing, and storing blood and blood components. Donors are most commonly unpaid volunteers, but they may also be paid by commercial enterprises. Blood registry refers to the collection and sharing of data about donated blood and ineligible donors. Blood donations can be made in community blood centers, at hospitals or in bloodmobiles, which visit schools, churches and workplaces. The actual process of donating whole blood takes about 20 minutes. The blood flows through plastic tubing into a blood bag. Donors may be asked to clench their fist to encourage blood to flow. Usually, one unit of blood is collected.





Blood donation camp was conducted at BIHER on 05<sup>th</sup> July 2018 with our NSS Volunteer donating blood.



## **GENERAL MEDICAL CAMP:**



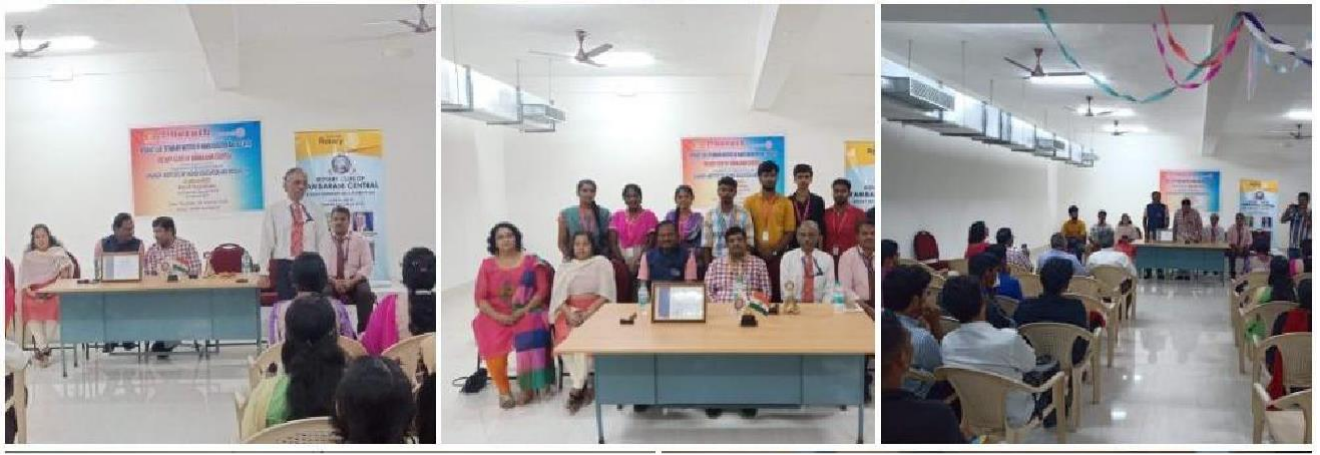
General Medical Camp was conducted by Bharath Institute of Higher Education and Research NSS Cell & Jointly Conducted by LionsClub Tambaram. In our University Campus held on 05<sup>th</sup> August 2018.

## **SEED BALL TREE PLANTATION:**



Seed balls sowing programme. NSS Volunteers prepared sowing 3000 balls within campus and road side, riversides held on 11<sup>th</sup> October 2018.

## **SWACHN BHARATH-SWACHH PARYATAN**



Seminar on “Swachn bharath” was given at Bharath Institute of Higher Education and Research held on 15<sup>th</sup> October 2018



Swachh paryatan Tree plantation at Bharath Institute of Higher Education and Research Campus held on 15<sup>th</sup> October 2018



## PONGAL CELEBRATION



Pongal Celebration and Distributed Pongal Gift at BIHER held on 11<sup>th</sup> January 2019

## **DENTAL CAMP PROGRAM**



Dental Camp Program was conducted at held BIHER held on 8<sup>th</sup> February 2019

## **CCTV CAMERA INAUGURATION (CCTV 3RD EYE SURVEILLANCE)**



CTV Camera inauguration (cctv 3rd eye surveillance) At Selaiyur Participated Dr.R.Hariprakash Additional Registrar of Bharath Institute of Higher Education and Research held on 18<sup>th</sup> February 2019



## **TRAFFIC AWARENESS PROGRAM**



Traffic Awareness Program Conducted at Selaiyur and Camp Road Junction held on 27<sup>th</sup> February 2019

## **SEMINAR ON "ROAD SAFETY"**



Seminar on "Road safety" at BIHER held on 27<sup>th</sup> February 2019



## **HELMET AWARENESS PROGRAM**



Helmet Awareness Program at Tambaram RTO Office held on 15<sup>th</sup> March 2019

## **SPECIAL CAMP PROGRAMME**



Special camp Programme Conducted at Tiruvanchery Village School held on 25<sup>th</sup> March 2019 to 31<sup>st</sup> March 2019

## **BLOOD DONATION CAMP WAS CONDUCTED**



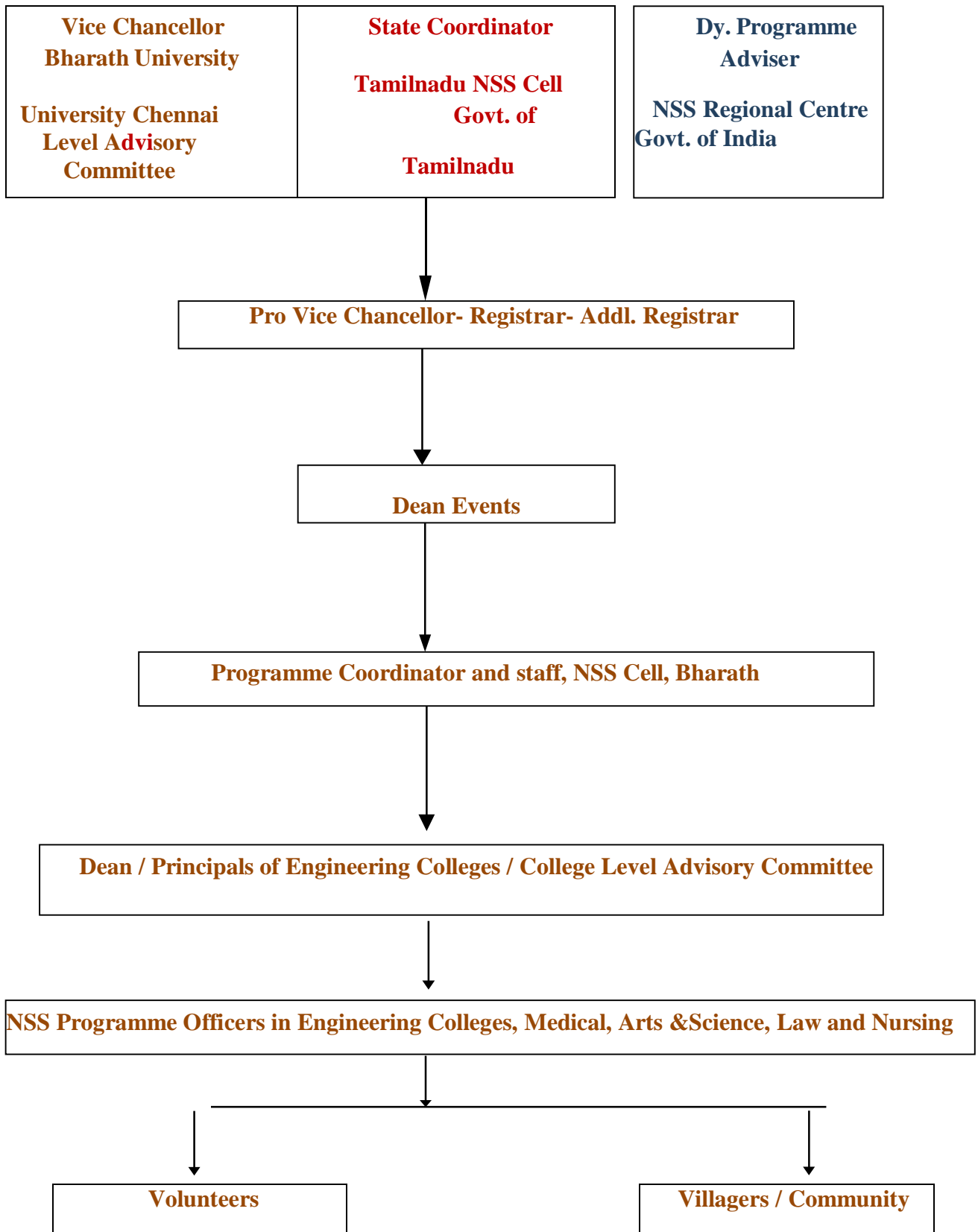
Blood Donation Camp was conducted at BIHER Campus held on 4<sup>th</sup> April 2019

## **VOTING AWARENESS PROGRAMME**



Voting Awareness Programme Conducted at Tambaram held 05<sup>th</sup> June 2019.

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# NSS 2017-2018





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**BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY**

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

## **NATIONAL SERVICE SCHEME**



## **HAND BOOK & ACTION PLAN**

### **FOR**

### **2017 – 2018**





## **Bharath Institute of Higher Education and Research**

**Chennai-600 073**

**Dr.V. KANAGASABAI**

**Vice –Chancellor**

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**NSS Cell, Bharath Institute of Higher Education and Research**

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National Service Scheme (NSS) is a permanent youth Programme under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

## **2. OBJECTIVE**

The overall objective of NSS is Personality Development through the community service.

The broad objectives of NSS are to:

- Understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the community and involve them in problem solving process.
- Develop among themselves a sense of social and civic responsibility.
- Utilize their knowledge in finding practical solution to individual and community problems.
- Develop competence required for group-living and sharing of responsibilities.
- Gain skills in mobilizing community participation.
- Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.

## **3. MOTTO**

The motto or watchword of the NSS is “**Not me but you**”. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. This express the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

#### 4. SYMBOL



The symbol of the National Service Scheme has been based on the **Giant Rath Wheel** of the world famous Konark Sun Temple of Orissa, India. These giant wheels of the sun temple portrays the cycles of creation, preservation and release and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun Chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and enlistment.

#### BADGE

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme or community service. The konark wheel in the symbol has eight bars, which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for the service of the nation round the clock i.e. for 24 hours. The Red Colour in the badge indicates that the NSS volunteers are full of young blood i.e. lively, active, energetic and full of high spirit. The Navy Blue Colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

#### NSS DAY

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.



## **NSS SONG**

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

**We shall overcome**

**We shall overcome**

**We shall overcome some day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We'll walk hand in hand**

**We'll walk hand in hand**

**We'll walk hand in hand to- day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall live in peace.**

**We shall live in peace.**

**We shall live in peace to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day**

**We shall not be afraid**

**We shall not be afraid to-day**

**O! deep in my heart**

**I do believe that**

**We shall overcome some day.**

### **STRENGTH ALLOCATED AND ACTIVITIES**

**Regular Activities : 900 (9 Units)**

**Special Camping Programme : 450 (9 Camps)**

**Number of Engineering Colleges**

**Implementing NSS :4 (Institution)**

**No. of Adopted Villages : 9**

<b>No. of Program Officers</b>	<b>:</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>
		<b>8</b>	<b>1</b>	<b>9</b>

**Types of Activities : 1. Regular Activities**

**2. Special Camping Programme**

### **REGULAR ACTIVITIES**

Under this, students undertake various need based programmes in the adopted villages, College Campuses and Urban slums during weekends or after college hours.

120 hours per year and 240 hours for 2 consecutive years

1. General Orientation of NSS Volunteers.

NSS Day Celebration -20 hrs.

2. Career guidance for the NSS Volunteers, by the

experts and campus work	-30 hrs.
3. Skill development (first aid, disaster management, public speaking, leadership motivation, HIV/AIDS awareness etc.).	-26 hrs.
4. Community Development Projects (in the adopted village) – Survey in the village, tree plantation, Health, Cleanliness, Road Safety, Visits to Homes, technical training for rural youth and SHG, sanitation, women development programmes, consumer Awareness etc.	-44 hrs.
Total	-120 hrs.

## **SPECIAL CAMPING PROGRAMME**

Under this, 7 days camp organized in the adopted villages with a specified theme being given by Govt. of India by involving local youth. The Special camp should be conducted only in the adopted village (for second year NSS volunteers) at least for three years continuously.

## **5. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS**

Each Engineering College has to constitute an Advisory Committee to advise on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O's may be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book.

The committee may consist of:

1. Vice Chancellor	Chairman
2. Principal / Dean	Members
3. Two staff members with social work background	Members
4. Representative of the Development Department, NGO	Member
5. Representatives from the adopted villages/slum/ Welfare agencies	Member
6. NSS Student leaders one (or) two	Member
7. NSS Programme Officers	Member-Secretary
8. Representative of the Youth Officers	Members

## **NSS UNIT AND PROGRAMME OFFICER**

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a **faculty member**. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

## **6. NSS STUDENT VOLUNTEERS**

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). **A work diary is to be maintained by each NSS Volunteer**, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

## **7. QUALIFICATION FOR THE NSS PROGRAMME OFFICER**

- a. Program Officer will be selected from the members of teaching only.
- b. NCC Officers and Physical Education Directors should not be appointed as NSS Program Officer.
- c. In Women's Colleges lady teachers should be appointed as NSS Program Officers, However, male members may help the lady NSS Program Officers.
- d. A teacher who has high level of motivation, inclination and attitude for community work and above all, very good rapport with students should be preferred as NSS Program Officer.

## **8. NSS THEME FOR THE YEAR 2017-2018**

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out.

### **HEALTHY YOUTH FOR HEALTH INDIA**

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3 years.

## **9. ACTIVITIES OF NSS VOLUNTEERS AND ADOPTION OF VILLAGE**

The activities under NSS are two-fold, viz., 1. Regular Activities which are undertaken during the working days of the semester and 2. Special Camping activities for 7 days duration in the adopted villages / Urban slum during vocation.

Each NSS unit in the college is expected to adopt a near by village/slum and work for its all round development. Regular Activities and Special Camp should preferably be organized in the adopted village/rural unit/slum for this purpose.



## 10. NORMS FOR EXPENDITURE

Each NSS unit will be supported by Rs.22,500 per year for the following expenses.

The amount of Rs.22, 500 sanctioned to each NSS unit in the College will be utilized as follows:

a)	Special Camping at Rs.450 per volunteers per day for 7 days for 50 volunteers	-Rs.22,500
b)	Regular Activities for 100 volunteers at Rs.225 per volunteers per year	-Rs.22,500
b)	The allocation of Rs.22,500 for Regular Activities will be sent as follows:	
1.	Out-of-pocket allowance to Programme Officers	-Rs.4, 800
2.	Clerical assistance	-Rs.1, 200
	Sub Total-1	-Rs.6, 000
3.	Refreshment to NSS Volunteers	-Rs.12, 000
4.	Equipments / Utensils/Books for Career Guidance	-Rs. 2000
5.	TA to Programme Officers / Volunteers	-Rs. 1,500
6.	Contingencies	-Rs. 1,000
	Sub Total-2	Rs. 16,500 -----
	Grand Total per Unit (SubTotal-1+SubTotal-2)	Rs.22, 500 -----

## **11. CORPUS FUND**

As per the Directorate of Collegiate Education's and State Coordinator, NSS Letter No. Rc.No. 024081/P1/2003 dated 04.07.2003 all the Engineering Colleges sanctioned with NSS units shall collect Rs.10 from all the students joining first year at the time of admission. This amount shall be distributed as follows:

1. Rs.3 to be sent NSS Program Coordinator, Bharath Institute of Higher Education and Research, Chennai – 600 073  
  
by drawing Demand Draft in favor of NSS Program Coordinator, Bharath Institute of Higher Education and Research.
2. Rs.2 to be sent to State NSS Coordinator, Directorate of Collegiate Education, Chennai – 600 006 by drawing Demand Draft in favor of State NSS Coordinator.
3. Rs.5 to be retained by the colleges as NSS Corpus Fund (which shall not be utilized for program expenditure for the present.)

## **12. RECORDS AND REGISTERS**

The following Records and Registers are to be maintained by the NSS units at the Institution level.

1. Enrolment Register of volunteers.
2. Cash Register .
3. Stock Register (Consumable & non-consumable).
4. Attendance Register for Volunteers.
5. Registers for blood grouping – 8 in number.
6. Minutes Book (College Level NSS Advisory Committee).

### **13. DUTIES OF NSS VOLUNTEERS**

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.

## **GUIDELINESS FOR SPECIAL CAMPING PROGRAMMING FOR THE YEAR 2017-18**

### **HEALTHY YOUTH FOR HEALTH INDIA**

Special Camps provide a unique opportunity to the student youth for group living leadership, close, interaction with the community, mutual understanding, tolerance, cohesion, etc. To make constructive use of student's leisure time for community work, these camps are organized during the vocations. During the Special Camps, students are expected to stay the communities where they are holding the camp. These camps are generally of 7 days duration. The objectives behind the theme will have to create awareness about health aspects like no usage of tobacco, HIV/AIDS awareness, Healthy food habits, hygiene drinking water, water born diseases.

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3-4 years.

#### **Proposed activities:**

- Identification of the adopted villages / slum areas.
- Awareness drives through Youth Rallies.
- Community participation by involving members of the adopted villages and local institutions.
- Duration of the NSS Special Camps will be 7 days and the volunteers will have to stay overnight in the camp.
- Organizing Day Camps on the theme at the Adopted Villages on weekends.
- Evaluation of the camp may be done with the help of volunteers and the community.
- Documentation in the form of success stories, news paper, clipping, daily reports in students diary, action photographs, video recording may be made.
- The special camps organized during the quarter may be reflected in the Quarterly Progress Report and the report be sent to all the concerned in time.

## **SUGGESTION SCHEDULE OF ACTIVITIES FOR 7 DAY SPECIAL CAMP ON THE THEME HEALTHY YOUTH HEALTH INDIA**

**Following activities may be undertaken during the 7 Days Special Camp:**

### **Day 1**

Inauguration of the first Day Rapport building exercise in the adopt villages  
Orientation/survey: NSS volunteers may conduct survey of the area / available water resources in the adopted village.

### **Day 2**

The second day Student role in NSS, Rallies, Health camps, environment cleaning etc.

### **Day 3 -4**

NSS volunteers after the survey should conduct cleanliness of wells, digging & deepening of ponds preservation of rainy water by digging tank etc., by involving local people. Upkeep and cleanliness of available drinking water resources. Use of traditional method of filtration using local material. Involvement of community in the maintenance of drinking water resources in collaboration with Health, Irrigation Departments, Municipal Committee, Panchayat Samities etc.

### **Day 5**

Efforts may be made to ensure that the work undertaken during the camp be continued and completed by the local people. Evaluation of the work done through concerned Government Department and local people.

### **Day 6**

Health camp, Discuss about health, Eye camp.

### **Day 7**

Closing of the camp by inviting local people to discuss about the work done and follow up action.

**IMPORTANT: Provide the Toilet and bathroom facilities for the Volunteers. Don't allow the students to take bath in the lake or ponds.**

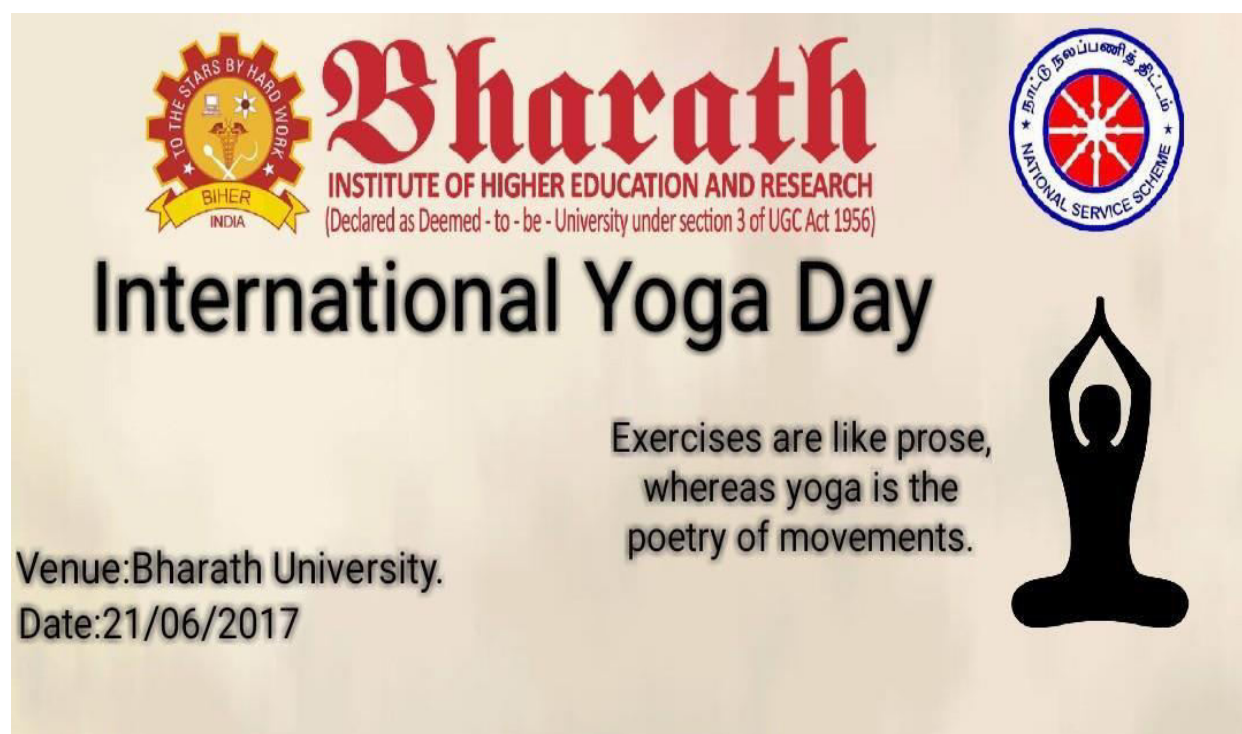


## **14. REGULAR ACTIVITIES PHOTOS 2017-2018**

### **14.1. International Yoga Day**

**International Yoga Day** was celebrated at Bharath Institute of Higher Education and Research on 21<sup>st</sup> June 2017.

**International Yoga Day** commonly and unofficially referred to as **Yoga Day**, is celebrated annually on 21 June since its inception in 2015. An international day for yoga was declared unanimously by the United Nations General Assembly (UNGA). Yoga is a physical, mental and spiritual practice attributed mostly to India. The Indian Prime Minister Narendra Modi in his UN address suggested the date of 21 June, as it is the longest day of the year in the Northern Hemisphere and shares special significance in many parts of the world.



International Yoga Day Celebration at Bharath Institute of Higher Education and Research on 21<sup>st</sup> June 2017.

## **14.2. Observance of Swachhta Pakhwara**

**1<sup>st</sup> August, 2017**

The audience was formally welcomed by Dr. Hameed Hussain and alongwith that he appealed the volunteers to inculcate the idea of Swachhta as one of the virtues in their respective life-world. He explicated upon the utter significance of Swachhta in our daily lives. Cleanliness at the level of body and therefore purity at the level of mind. He concluded by saying that one should focus on the purity of thought, word and action which makes an individual a true human being and an inspiration for the society. The seminar was followed by Swachhta Shapath (Oath) by all the NSS Functionaries including Volunteers.



Respected Dean of Engineering **Dr. Hameed Hussain** and along with that he appealed the volunteers to inculcate the idea of Swachhta as one of the virtues in their respective life-world on 1<sup>st</sup> August, 2017



Swachhta Shapath (Oath) by all the NSS Functionaries including Volunteers.



NSS volunteers(350) are listening to the Dean of Engineering conveying the message for the idea of Swachhta as one of the virtues in their respective life-world 1<sup>st</sup> August, 2017.

**2<sup>nd</sup> - 5<sup>th</sup> August, 2017**

A campus cleaning programme was conducted by NSS wing of Bharath Institute of Higher Education and Research on 2<sup>nd</sup> -5<sup>th</sup> August at the University campus. A total of 350 NSS volunteers participated in the program. Dr.R.Karthikeyan, Program Coordinator, NSS, welcomed the gathering. Initiated cleaning activities among volunteers. He motivated students towards 'Clean India' by his inspirational talk. Dr.Hammed Hussain, Dean, delivered talks to volunteers on the importance of cleanliness starting from one's home to the entire country. The volunteers cleaned the entire campus wearing gloves and collected all the litter in big bags for disposal. The volunteers were instructed to clean their hands with soap at the end. Refreshments were distributed to volunteers. Program coordinator Dr.R.Karthikeyan, carried out all the arrangements along with the smooth conduct of the programme.

### **Class room Cleaning**

Our NSS volunteers were cleaning the class rooms on 2<sup>nd</sup> August 2017 with enthusiasm. They were very happy on cleaning there classes. Dr.R.Karthikeyan, NSS coordinator were cheering and motivating the students by helping them with their duties. The students had finished their work on cleaning the class rooms. The lunch and refreshment had been provided.



**Class Room Cleaning Was Held At BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH On 2<sup>nd</sup> August 2017 By Our NSS Volunteers At SWAMINATHAN BLOCK.**





Our NSS volunteers cleaning the corridor on 2<sup>nd</sup> August 2017 at RAMANUJAM BLOCK, **BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH.**

### **LABORATORIES CLEANING**

The Laboratories were cleaned by NSS students on 3<sup>rd</sup> August 2017 for welfare of students for their future use. The apparatus were cleaned by students with cleaning material. The NSS in-charge Dr.karthik were guiding the students for cleaning the laboratories.



Computer Laboratory cleaning was held in-side the laboratory by NSS volunteers on 3<sup>rd</sup> August 2017 at SWAMINATHAN BLOCK ,**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH.**





Physics Laboratory cleaning was held in-side the laboratory by NSS volunteers on 3<sup>rd</sup> August 2017 at 1<sup>ST</sup> YEAR BLOCK, **BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH.**

## **TOILETS CLEANING**

The students cleaned toilets, regarding announcement given on top **SWACHHTAPAKHWARA** by our NSS coordinator Dr.R.karthikeyan on 4<sup>th</sup> August 2017.



Our NSS Volunteers along with our Coordinator cleaning the toilet on 4<sup>th</sup> August 2017 at **BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**



Our NSS Volunteers along with our Coordinator cleaning the toilet on 4<sup>th</sup> August 2017 at **BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

### **PLAYGROUND CLEANING**

Playground is more important for developing a student's skills. As much as a playground gets neat, the skills improve. So, our volunteers cleaned our playground as much as possible on 5<sup>th</sup> August 2017



Our NSS volunteers were cleaning the playground for students benefits and making collage as clean campus by the theme of **SWACHHTA PAKHWARA** on 5<sup>th</sup> August 2017

### **LIBRARIES CLEANING**

Stacks, offices, and storage areas must be kept clean of debris and dust. When dust collects on books, it absorbs and holds moisture that accelerates deterioration by acid hydrolysis. A continuing program of cleaning shelves and library materials will help to control the amount of airborne dirt. Neat, clean book stacks will also send the message to the patrons that library materials deserve respect and care.

In his book “A Library, Media, and Archival Preservation Handbook,” DePew recommends that a regular cleaning cycle should be designed so as to work through the entire library every three to eight years, depending on the size and value of the collection, local dirt conditions, and use patterns.





Our NSS students cleaning the library on 5<sup>th</sup> August 2017, at **BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**



Our NSS students cleaning the library on 5<sup>th</sup> August 2017, at **BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**



**6<sup>th</sup> - 8<sup>th</sup> August, 2017**

The key target for the project is “Open Defecation Free” (ODF), which means that a village or community has over a certain percent of the population using toilets instead of pooping out in the open. With this type of target, you either “are” or you “aren’t.” So, till villages hit the threshold where they can be certified as achieving ODF status, they are still considered non-ODF, despite any progress that has been made. This leaves a large gap in our understanding of how villages are making gains in access prior to their reaching the target.

On this process ,the students are making awareness for construction of toilets in slum area on 6<sup>th</sup> -8<sup>th</sup> August 2017.



By the theme of **SWACHHTA PAKHWARA**, 6<sup>th</sup> - 8<sup>th</sup> August, 2017 at Vengampakkam.



By the theme of **SWACHHTA PAKHWARA**, 6<sup>th</sup> - 8<sup>th</sup> August, 2017 at Vengampakkam.



By the theme of **SWACHHTA PAKHWARA**, 6<sup>th</sup> - 8<sup>th</sup> August, 2017 at Vengampakkam.



By the theme of **SWACHHTA PAKHWARA**, 6<sup>th</sup> - 8<sup>th</sup> August, 2017 at Vengampakkam.

There are 679 families around vengampakkam. 500 families have awareness of toilets and had constructed. 179 families are given and explained about “Open Defecation Free” (ODF). Within 3 months 179 families will be constructed toilets.

### 9<sup>th</sup> - 10<sup>th</sup> August, 2017

All the NSS Units will devote Two days for intensive cleaning of the adopted villages/slums. Efforts will be made to involve local people so that they understand the dignity of labour and develop a habit of keeping their surroundings clean.

Adoption of a village and area is a very meaningful program in NSS. It is far better to concentrate attention on one village and take up the task for development perspective, than to fritter away energy in many locations involving too many activities which may not be completed at all or where the follow up action may not be possible. From this point of view, village adoption program should ensure continuity of work sustained action, evaluation and follow up work.

The students are made their best in adopted village for cleanliness on 9th -10th August, 2017 in adopted village vengampakkam, thiruvencherry, mapped, selaiyur, M.G.R nagar & bharth nagar.





NSS volunteers were cleaning the adapted village/slum Bharath Nagar on 10<sup>th</sup> August,2017.



NSS volunteers were cleaning the adapted village/slum Bharath Nagar on 10<sup>th</sup> August,2017.

### **11<sup>th</sup>- 13<sup>th</sup> August, 2017**

There are 153 million orphans in the world, according to UNICEF. Many of them live in institutional orphanages with deplorable conditions, where their most basic needs are not met. The children are often hungry, scared, confused and lonely.

Most institutional orphanages are overcrowded and dilapidated, some rife with corruption, neglect and abuse. Even when managed by people with good intentions, orphanages often lack the necessary funds, resources and knowledge to properly provide for the children in their care. The fact is, most of the children in these institutions don't stand much of a chance of breaking out of the cycle of poverty and thriving as independent adults.

That's why we've developed a proven 3-phase method to empower those who are trying to make a difference. Essentially, we help local orphanages help orphans.

It's time we let the world's orphans—and their caregivers—know that they matter. Together, we can make a meaningful difference by empowering each and every one of them to reach their full potential.

### **14<sup>th</sup> August, 2017**

All the NSS Units will organize rallies in their respective cities/villages by depicting various messages of cleanliness on banners and placards to create awareness in the masses.

Cleanliness is a very significant topic and has a vast meaning in its own. It is very necessary to be followed all through the life by everyone to really enjoy the nature's beauty by living a healthy and fit life. Cleanliness is really an abstract state of being clean as well as free from dirt in order to maintain and achieve the state of being peaceful, healthy and fit. It is very necessary for everyone to understand the importance of cleanliness and maintain it forever to continue a healthy and peaceful life. Cleanliness is not only means about the cleanliness of body, it means about the cleanliness everywhere (cleanliness of body, mind, soul, home, surrounding, environment, river, and whole planet).





**15<sup>th</sup> August, 2017**

All the NSS Units had a meeting of NSS Volunteers in our campuses under the Chairmanship **J. Sundeep Anand** the Head of Institution and discuss the future plans of sustaining cleanliness in the area. The institution declares the institution as “**Clean Institution**”.

### 14.3.Tree Plantation

Tree Plantation Camp held on 8<sup>th</sup> August 2017 to 11<sup>th</sup> August 2017 at Bharath Institute of Higher Education and Research.



NSS volunteers planting trees during tree plantation camp held at Bharath Institute of Higher Education and Research on 8<sup>th</sup> August 2017.





Our Nss Volunteers taking the trees for planting during the Tree Plantation camp held at Bharath Institute of Higher Education and Research on 9<sup>th</sup> August 2017.



Our Nss Volunteers planted the trees during the Tree Plantation camp held at Bharath Institute of Higher Education and Research on 11<sup>th</sup> August 2017.

## **14.4 Eye Donation & Screening Camp 2017-2018**

Eye Donation & Screening Camp was organized by Youth for Seva was held on 30<sup>th</sup> August 2017 at Bharath Institute of Higher Education and Research.

India has the largest burden of global blindness. A considerable number of Indians also suffer from significant impairment of vision that threatens their ability to be physically or financially self-sufficient. The cumulative loss to the country's gross national product consequent to this is estimated to be \$11.1 billion. While the problem is formidable, the need to take up the challenge of curtailing it is compelling.

Some 27 million Indians have moderate sight impairment; nine million are classified as bilateral blind; 260,000 children are blind. The number of corneal blind people in India is 4.6 million. Of these, 90 per cent are below

45. They include 60 per cent who are below 12 years of age. Looking at the root causes, 66 per cent of the cases are preventable or curable. Out of the 4.6 million people, at least three million can benefit from corneal transplantation.

Donated human eyes help preserve and restore sight through corneal transplantation, research and education. More than 90 per cent of corneal transplant operations successfully restore vision in people suffering from blindness due to corneal problems. Infants born with cloudy corneas gain sight from transplantation.

Eye banks obtain, evaluate and distribute eyes donated by humanitarian-minded citizens for use in corneal transplantation, research and education. To ensure patient safety, the donated eyes are evaluated under strict medical standards. Donated eyes that are not suitable for corneal transplantation are used for valuable research and education purposes.





Doctor from sankara eye hospital giving awarness about Eye Donation on 30<sup>th</sup> August 2017.



Dr.Kumaravel is lighting the kuthu velaku at Eye Donation & ScreeningCamp on 30<sup>th</sup> August 2017 at Bharath Institute of Higher Education and Research.





Dean Engineering Dr.Hameed Hussain checking his eyes at the screening camp at Bharath Institute of Higher Education and Research on 30<sup>th</sup> August 2017.



NSS Volunteer is filling the Eye Donation Form on 30<sup>th</sup> August 2017 at Bharath Institute of Higher Education and Research.



Students checking their eyes during the Eye Donation & Screening camp at Bharath Institute of Higher Education and Research ,on 29<sup>th</sup> August 2017.



Our Bharath Institute of Higher Education and Research staff checking their eyes During the Eye Donation & Screening camp at Bharath Institute of Higher Education and Research on 29<sup>th</sup> August 2017.



Security checking his eyes during the Eye Donation & Screening camp at Bharath Institute of Higher Education and Research on 29<sup>th</sup> August 2017.



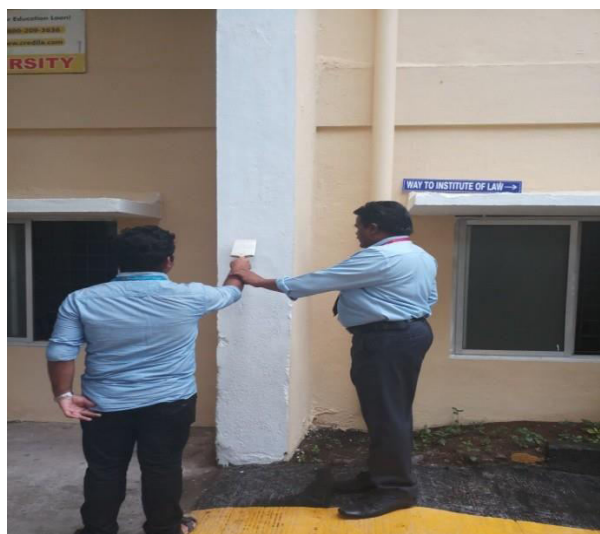
Doctors at Eye Donation & Screening Camp on 30<sup>th</sup> August 2017 at Bharath Institute of Higher Education and Research.



## **14.4 Observance of Swachhta Pakhwada**

### **Clean Campus day (1<sup>st</sup> September 2017)**

Clean campus day was held on 1<sup>st</sup> September 2017 at Bharath Institute of Higher Education and Research. All Our NSS Volunteers took part in the event. Our Dean Engineering Dr.J.Hameed Hussain inaugurated the event. All the NSS Volunteers were appreciated for their wonderful work by our Dean for keeping the Campus clean.



Our NSS Volunteer cleaning the campus Our NSS coordinator Dr.R.Karthikeyan instructing the volunteer how to paint the wall at Bharath Institute of Higher Education and Research on 1<sup>st</sup> September 2017.



Clean Campus at Bharath Institute of Higher Education and Research on 1<sup>st</sup> September 2017.

## **Clean Hostel Day (2<sup>nd</sup> September 2017)**

Clean Hostel Day was held on 2<sup>nd</sup> September 2017 at Bharath Institute of Higher Education and Research hostel. All our Hostel students took part in the event. Our hostel warden Rajesh inaugurated the clean hostel day event. Our hostel warden has checked each and every room and appreciates the hostlers for keeping their room neat and clean. Many cultural events also took part during the Clean Hostel Day.



Clean hostel during the clean hostel day at Bharath Institute of Higher Education and Research on 2<sup>nd</sup> September 2017.



Clean Hostel Reception on 2<sup>nd</sup> September 2017 at Bharath Institute of Higher Education and Research.



## Green Campus Day (3<sup>rd</sup> September 2017)

Green Campus Day was held on 3<sup>rd</sup> September 2017 at Bharath Institute of Higher Education and Research. All OurNSS Volunteers took part in the Green Campus day event.



Green Campus Day at Bharath Institute of Higher Education and Research on 3<sup>rd</sup> September 2017.



Clean campus Bharath Institute of Higher Education and Research on 3<sup>rd</sup> September 2017.



## **Clean Mess Day (4<sup>th</sup> September 2017)**

Clean Mess Day was held on 4<sup>th</sup> September 2017 at Bharath Institute of Higher Education and Research. All the Mess in charge and cleaners were appreciated by our Dean Engineering Dr.J.Hameed Hussain for keeping the Mess clean.



Clean Mess Day Bharath Institute of Higher Education and Research on 4<sup>th</sup> September 2017.



Hostel Mess during Clean Mess Day on 4th September 2017 at Bharath Institute of Higher Education and Research.

## **Essay contest on ‘Innovative ways for spreading the message of hygiene’ (5<sup>th</sup> September 2017)**

Essay contest on ‘Innovative ways for spreading the message of Hygiene’ was held on 5<sup>th</sup> September 2017 at Govt School, Thiruvencherry. All the School Students were instructed to write an essay ‘Innovative ways for spreading the message of Hygiene’. All the students were given participation Certificates.

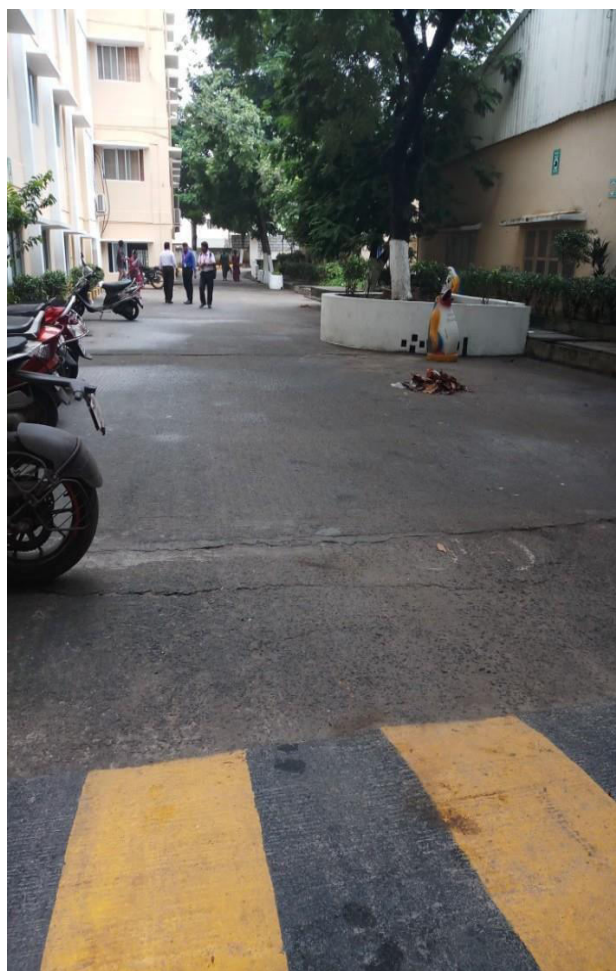
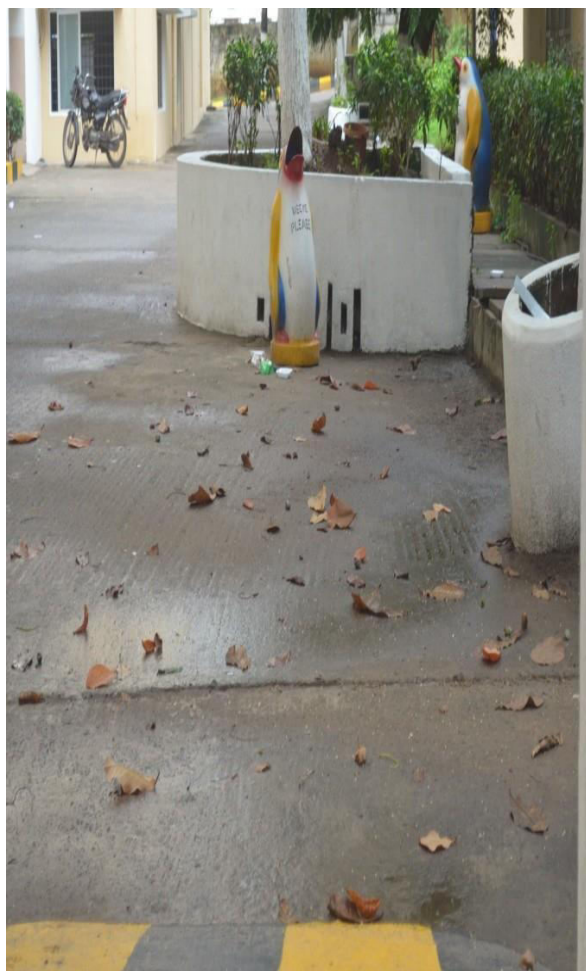


Students in essay competition at Thiruvencherry on 5<sup>th</sup> September 2017.



## Clean Surroundings Day (6<sup>th</sup> September 2017)

Clean Surroundings day was held on 6<sup>th</sup> September 2017 at Bharath Institute of Higher Education and Research. All Our NSS Volunteers were appreciated for keeping the surroundings of the college clean including the roads leading to the college.



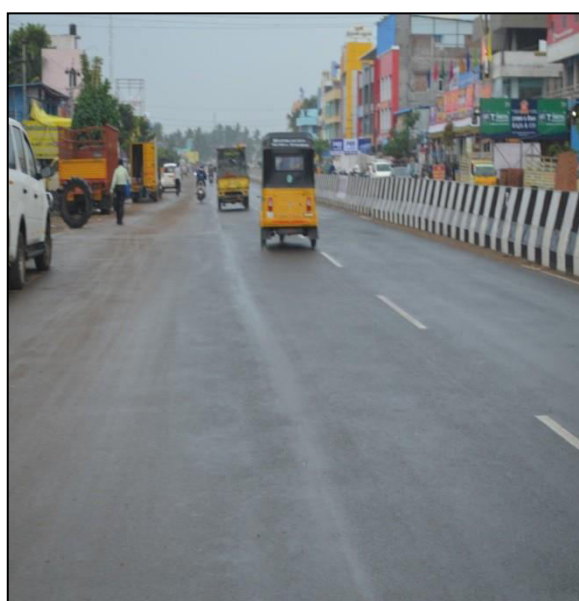
Roads leading to the institution on 6<sup>th</sup> September 2017 at Bharath Institute of Higher Education and Research.



## Care for the surroundings

### Study of garbage cleaning system in public space(7<sup>th</sup> September 2017)

Study of garbage cleaning system in public space was held on 7<sup>th</sup> September 2017. Actions to be done in coordinate with the municipal body. Garbage clean was done at Thiruvencherry.



Garbage disposal at Thiruvencherry on 7<sup>th</sup> September 2017.

### Visit to the Slum/Villages to explain the concept of cleanliness; wall writing on cleanliness & health (8<sup>th</sup> September 2017)

Cleanliness is both the abstract state of being clean and free from dirt, and the process of achieving and maintaining that state. Cleanliness may be endowed with a moral quality, "cleanliness is next to godliness," and may be regarded as contributing to other ideals such as health and beauty. In emphasizing an ongoing procedure or set of habits for the purpose of maintenance and prevention, the concept of cleanliness differs from purity, which is a physical, moral, or ritual state of freedom from pollutants. Whereas purity is usually a quality of an individual or substance, cleanliness has a social dimension, or implies a system of interactions. "Cleanliness is indispensable to our modern nation of social perfection." A household or workplace may be said to exhibit cleanliness, but not ordinarily purity; cleanliness also would be a characteristic of the people who maintain cleanness or prevent dirtying. On a practical level, cleanliness is thus related to hygiene and disease prevention. Washing is one way of achieving

physical cleanliness, usually with water and often some kind of soap or detergent. Procedures of cleanliness are of utmost importance in many forms of manufacturing.



Our Nss Volunteers Explaining about cleanliness & wall writing on the concept of health & cleanliness to general public in adopted village Vengampakkam on 8<sup>th</sup> September 2017.

### **Visit the market nearby to study the system for cleaning (9<sup>th</sup> September 2017)**

The term normally relates to all kinds of waste, whether generated during the extraction of raw materials, the processing of raw materials into intermediate and final products, the consumption of final products, or other human activities, including municipal (residential, institutional, commercial), agricultural, and social (health care, household hazardous waste, sewage sludge). Waste management is intended to reduce adverse effects of waste on health, the environment or aesthetics.

Waste management practices are not uniform among countries (developed and developing nations); regions (urban and rural area), and sectors (residential and industrial).



Wasted vegetables in the market at Tambaram.



Clean market by our NSS Volunteers at Tambaram on 9<sup>th</sup> September 2017.



## Visit the Govt hospital to study the hygiene and study for disposal of garbage and hospital waste(10<sup>th</sup> September 2017)

**Hygiene** is a set of practices performed for the preservation of health. According to the World Health Organization (WHO), "Hygiene refers to conditions and practices that help to maintain health and prevent the spread of diseases.

**Waste management** or **waste disposal** are all the activities and actions required to manage waste from its inception to its final disposal. This includes amongst other things collection, transport, treatment and disposal of waste together with monitoring and regulation. It also encompasses the legal and regulatory framework that relates to waste management encompassing guidance on recycling.



Chief Doctor creating awareness about health and hygiene to the patients. Doctor explaining about hygiene to the patients at chrompet govt hospital on 10<sup>th</sup> September 2017.



## **Visit To The Institutions For The Poor (Orphanages)(11<sup>th</sup> September 2017)**

An **orphanage** is a residential institution devoted to the care of orphans—children whose biological parents are deceased or otherwise unable or unwilling to take care of them. Biological parents, and sometimes biological grandparents, are legally responsible for supporting children, but in the absence of these, no named godparent, or other relatives willing to care for the children, they become a ward of the state, and orphanages are one way of providing for their care, housing and education.

It is frequently used to describe institutions abroad, where it is a more accurate term, since the word orphan has a different definition in international adoption. Most children who live in orphanages are not orphans; four out of five children in orphanages having at least one living parent and most having some extended family. Most orphanages have been closed in Europe and North America. There remain a large number of state funded orphanages in the former Soviet Bloc but they are slowly being phased out in favour of direct support to vulnerable families and the development of foster care and adoption services where this is not possible.

Few large international charities continue to fund orphanages; however, they are still commonly founded by smaller charities and religious groups. Especially in developing countries, orphanages may prey on vulnerable families at risk of breakdown and actively recruit children to ensure continued funding. Orphanages in developing countries are rarely run by the state.

Other residential institutions for children can be called group homes, children's homes, refuges, rehabilitation centers, night shelters, or youth treatment centers.



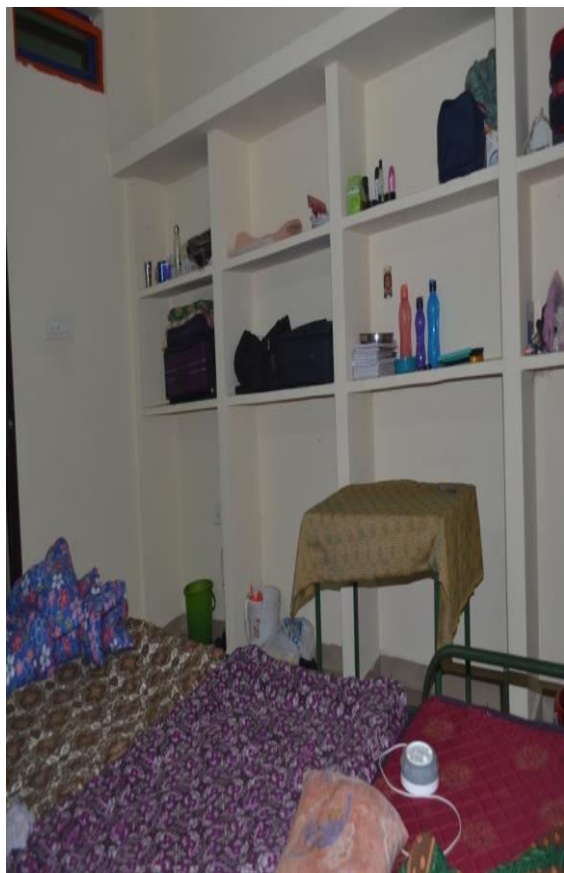
Our NSS Volunteers visited the nearby old age Home and took about the old age people in the home on 11<sup>th</sup> September 2017 at Selaiyur.

**Debriefing session with the Commissioner Local Body about the systems for cleanliness (12<sup>th</sup> September 2017)**

Debriefing session with the Commissioner Local Body about the systems for cleanliness was held at Selaiyur on 12<sup>th</sup> September 2017. Our NSS coordinator met the Commissioner Local Body and discuss about the System for cleanliness.

## ‘Cleanest Hostel room’ contest (13<sup>th</sup> September 2017)

Cleanest Hostel room Contest was held at Bharath Institute of Higher Education and Research on 13<sup>th</sup> September 2017. The Cleanest Hostel room was selected by General Public during the contest.



Clean Hostel During the Hostel Room Contest at Bharath Institute of Higher Education and Research on 13<sup>th</sup> September 2017.

## Elocution Contest on Health and Hygiene

(14<sup>th</sup> September 2017)

Elocution Contest on health hygiene is the real wealth held on 14<sup>th</sup> September 2017 at Bharath Institute of Higher Education and Research. Our Dean Engineering Dr.J.Hameed Hussain inaugurated the contest.

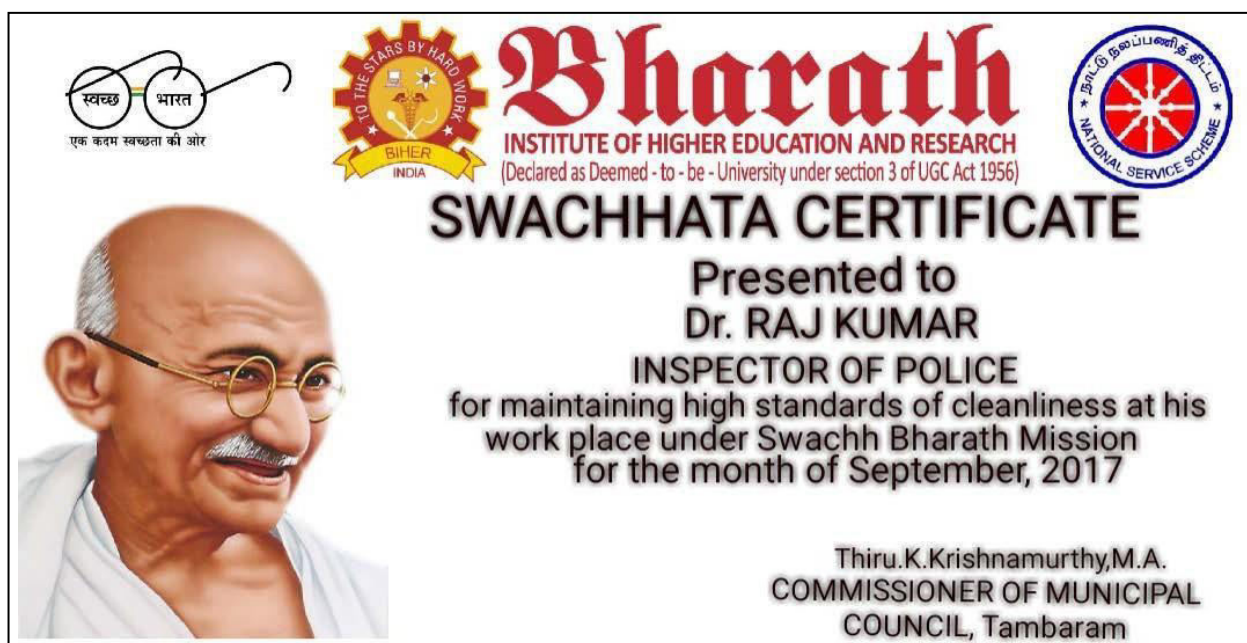


Our Dean Engineering Dr.J.Hameed Hussain inspiring our students about health and Hygiene on 14<sup>th</sup> September 2017 at Bharath Institute of Higher Education and Research.



## Closing ceremony for distribution of prizes and certificates for participants (15<sup>th</sup> September 2017)

Closing ceremony for distribution of prizes and certificates for participants held on 15<sup>th</sup> September 2017 at Bharath Institute of Higher Education and Research. Prizes were distributed by our Dean Engineering Dr.J.Hameed Hussain. Winners of each contests were appreciated by the Dean Engineering.



## **14.5 “Rally For Rivers” Rally**

“Rally For Rivers” Rally was conducted by Bharath Institute of Higher Education and Research jointly organized by Isha held on 7<sup>th</sup> September 2017.

The Rally For Rivers is essentially an awareness campaign among people and also to rally public support for bringing lasting Government policy changes that can help restore our depleting rivers.

India has essentially grown along the banks of major rivers. Our ancient civilizations were born along the waters, and they perished when the rivers shifted course. This is a culture that never saw rivers and water as a commodity. We realized that this was a fundamental building block of life. In the last few decades, due to the pressures of population and development, our perennial rivers are becoming seasonal. Many of the smaller rivers have already vanished. The Ganga and Indus are two of the world’s most endangered rivers, according to WWF. The Narmada, Krishna and Kaveri do not reach the sea four months of the year. Water levels in almost every major river have declined severely.

Our wellbeing and the nation’s wellbeing are intimately connected to the wellbeing of our rivers. If we do not act now to reverse the serious decline of these lifelines, the next generation will pay a very heavy price. Isha Foundation is proposing a comprehensive river rejuvenation plan to reverse this decline and revive our rivers.



“Rally for Rivers” rally was inaugurated by Dr.Hariprasad, Dr.Ravichandran , Dr.Sundarajan,Dr.Vijayaragavan , Dr.Venkatesh Babu at Bharath Institute of Higher Education and Research on 7<sup>th</sup> September 2017.



Our Nss Volunteers during the “Rally for Rivers” Rally at Selaiyur on 7<sup>th</sup> September 2017.





Our Nss Coordinator Dr.R.Karthikeyan Sharing his thoughts about Rally ForRivers to the media on 7<sup>th</sup> September 2017 at Selaiyur.



Our NSS Coordinators Along with the volunteers During the rally at Selaiyur on 7<sup>th</sup> September 2017.





Our NSS Coordinator Dr.R.Karthikeyan creating awareness to general public atSelaiyur on 7<sup>th</sup> September 2017.



Our Nss Volunteer along with Isha Volunteer explaining about Rally for Rivers to general public at Selaiyur on 7<sup>th</sup> September 2017.





Nss Volunteers wearing the Face mask & Creating awareness during rally atSelaiyur on 7<sup>th</sup> September 2017.



Total 150 NSS Volunteers Participated in the Rally on 7<sup>th</sup> September 2017 at Selaiyur.

## 14.6.Rally for Rivers Meeting



Sadhguru Explaining the audience about Rally for Rivers at Nandhanam YMCA Ground on 10<sup>th</sup> September 2017.



Our NSS Coordinator along with staff from Sree Balaji Nursing college at YMCA on 10<sup>th</sup> September 2017.





Our NSS Coordinator & Our NSS Volunteers at YMCA on 10<sup>th</sup> September 2017.



Our NSS Volunteers at YMCA on 10<sup>th</sup> September 2017.



## **14.6 Dr.A.P.J.Abdul Kalam Birthday Event**


Our Dr.A.P.J.Abdul Kalam sir Birthday was celebrated in Bharath Institute of Higher Education and Research by NSS Volunteers on October 15, 2017 at Bharath Institute of Higher Education and Research. Our Dean Engineering Dr.J.Hammed Hussain inaugurated the event. 300 NSS Volunteers took part in this event.



Our Dean Engineering Dr.J.Hameed Hussain inspiring our NSS Volunteers about Dr.A.P.J.Abdul Kalam. The Life of Dr.A.P.J.Abdul Kalam was explained by our Dean Engineering Dr.J.Hameed Hussain on 15<sup>th</sup> October 2017 at Bharath Institute of Higher Education and Research.




Our NSS Volunteers listening to Dean Engineering speech on 15<sup>th</sup> October 2017 at Bharath Institute of Higher Education and Research.



# Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH


(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



## DR.A.P.J.ABDUL KALAM BIRTHDAY

**Venue:**Bharath University

**Date:**15 Oct 2017



Remembering  
Dr. APJ Abdul Kalam

“Missile Man  
of  
India”

15 October 1931 – 27 July 2015

**Flow Chart for the NSS Cell:**

